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*1/23/20*

**COUNCIL ON AGING**  
**WALPOLE, MASSACHUSETTS**  
**NOVEMBER 21, 2019**

A regular meeting of the Walpole Council on Aging was held on November 21, 2019, in Room 206 of the Walpole Co-Operative Bank South Street Center.

The following members were present:

Rich McCarthy, Chairman, Regular Member  
Jim Pellegrine, Treasurer, Regular Member  
Linda Winslow, Secretary/Clerk, Regular Member  
Mary M. Jones, Regular Member  
Terry Lehrman, Regular Member  
Rosanne Rockwell, Regular Member  
Dorothy Smith, Regular Member  
Janet Fasanello, Associate Member

The following members were absent:

Josette Burke, Vice Chairman  
Dolores Efthim, Regular Memberpp

The following staff members were present:

Kerri McManama, COA Directorp  
Debbie Fradkin, Assistant Directorp  
Laurel St. Pierre, Outreach Worker

The following guest was present:

Mark Gallivan, Member of the Board of Selectmen

A regular meeting of the Council on Aging was held on Thursday, November 21, 2019, in Room 206 of the Walpole Co-Operative Bank South Street Center.

The meeting was called to order at 10:15 a.m. by Rich McCarthy and was opened with the **Pledge of Allegiance**.

**Secretary's Report** – A motion to accept the secretary's report for October was deferred to next month due to a few suggested corrections.

**Treasurer's Report** Jim Pellegrine distributed copies of "Accounts for the Council on Aging Fiscal 2020," dated November 24, 2019, and he reported on each account verbally. He stated that "Revolving Account Health Funding" will be removed as it is not a Council on Aging account. A motion was made to accept the treasurer's report. It was seconded and passed (7-0-0)

**Outreach Worker's Report** – Laurel St. Pierre reported that, in October, a total of 653 contacts were made. Of that total, 73 per cent were from Walpole, and 27 per cent were from out of town. The Flu Clinic serviced 118 people. Fifty people were provided with foot care. There were 20 calls regarding fuel assistance. Eight people were provided with legal assistance. One hundred nine people were helped with Medicare or Medicaid (up from 40 from the month before). Money is being saved for everyone. SHINE ends December 7. Forty-six people had blood pressure taken last month.

**Assistant Director's Report** – Debbie Fradkin reported that the main thing she is working on at present is the Volunteer Program. The Fitness Room is open with the help of three volunteers a day. The volunteers for the Breakfast Program are working at setting up. She thanked everyone at the Volunteer Luncheon, which was held on Tuesday, November 19, for hours given during the past year. The hours given were determined to be worth \$63,000. The Volunteer Program is growing. Debbie sits down with new volunteers and finds out their interests and availability. She distributed copies of the Volunteer Operations Manual to all board members. She goes over the manual with new volunteers and highlights the policies and procedures. Everyone is invited to suggest new programs. Since members of the Board are volunteers, they were asked to sign a form, "Volunteer Agreement" and "Volunteer Statement of Confidentiality" and return them to Debbie. Terry Lehrman asked when people should wear the volunteer badges. Kerri McManama suggested that it may always be worn as it is good for new people to see it.

**Director's Report**– Kerri McManama stated that she wrote a letter to the volunteers to thank them for their time. The number of people coming to the Senior Center has now reached the 1000 mark. There were two correct guessers as to what day the 1000<sup>th</sup> person would sign in. Volunteer hours are also growing. Recent events have been Fitness, ALICE Program, tour of the jail in Dedham, Flu Clinic, Medicare and Medicaid, and the second of the 3-part series of Historical Women. In December there will be a Thanksgiving Dinner for seniors the Sunday after Thanksgiving, a blood drive, a question and answer period with the DA at breakfast, etc. The trip to Indian Head Resort is at risk. The Junior Women's Club will decorate the Center on December 6 in the evening. The Singing State Trooper is coming back on December 5. Open House will take place on December 13, 8:30 a.m. – 3:30 p.m. As for safety planning, the Walpole Police Department recommended televising the ALICE meeting on Walpole media. This would be a short-term solution. A possible solution for the future would be to get a telephone into each room. Kerri will follow up on that idea. There will be a holiday wrapping party with the Walpole Fire Department and Home Instead. The next meeting will be December 19, 2019 due to Christmas.

**Old Business** – Regarding the Food Pantry, barrels get filled up after the event has ended each Friday. The barrels need to be emptied, but who is responsible? The subject will be brought up again next month. Rich McCarthy reported on an event, "Music for Food," that was held on November 15. It consisted of instrumental and choral music by Walpole students and was held at the Center as a fundraising event. They sent a thank-you card to the Center.

**New Business-** Mark Gallivan spoke about the rail trail behind the building. He said there has been some talk about the trail going in the other direction, which would go under Common Street and down to Ellis Street toward the Town Hall.

A motion was made to adjourn by Linda Winslow at 10:50 a.m. The motion was seconded by Rich McCarthy and passed (7-0-0).

Respectfully submitted,

Emily Conrad, Secretary