

AGENDA



Council on Aging Board Meeting

Date of Posting: Friday, February 17, 2023
Date of Meeting: Thursday, February 23, 2023
Time of Meeting: 10:00 AM
Location: COA Center

Agenda

1. Attendance and Pledge of Allegiance
2. Sandy Pellegrine, Memory Care
3. Review of January Meeting Minutes
4. Outreach Review
5. Center Updates
6. Finance Update
7. Old Business
8. New Business
 - a. Walpole Housing Authority Update
 - b. Master Plan Update
 - c. Friends of Walpole Elders Update
 - d. Select Board Update
 - e. Board Associate Candidates
 - f. Topics/Speakers for upcoming meetings
 - March: Mark Gallivan, Select Board Member
 - April: Brendan Croak, Recreation Department
 - May: Form Nominating Committee for June elections
 - June: Election of Officers
9. Open Forum



Walpole Council on Aging Board Meeting



February 23, 2023
10:00AM
Old Colony



Attendance & Pledge of Allegiance

Sandy Pellegrine, Memory Care

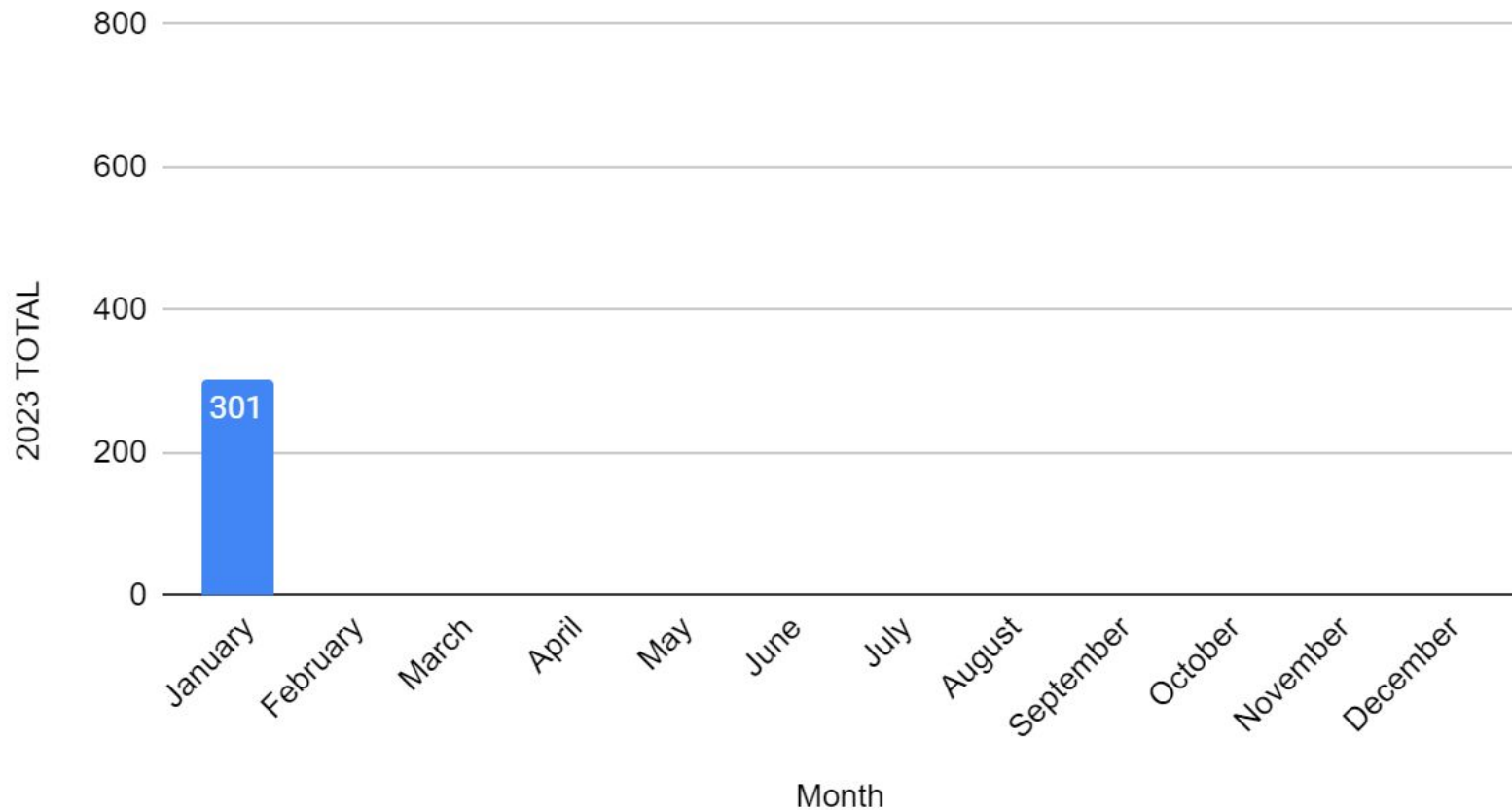
Review of January Meeting Minutes

Outreach Review

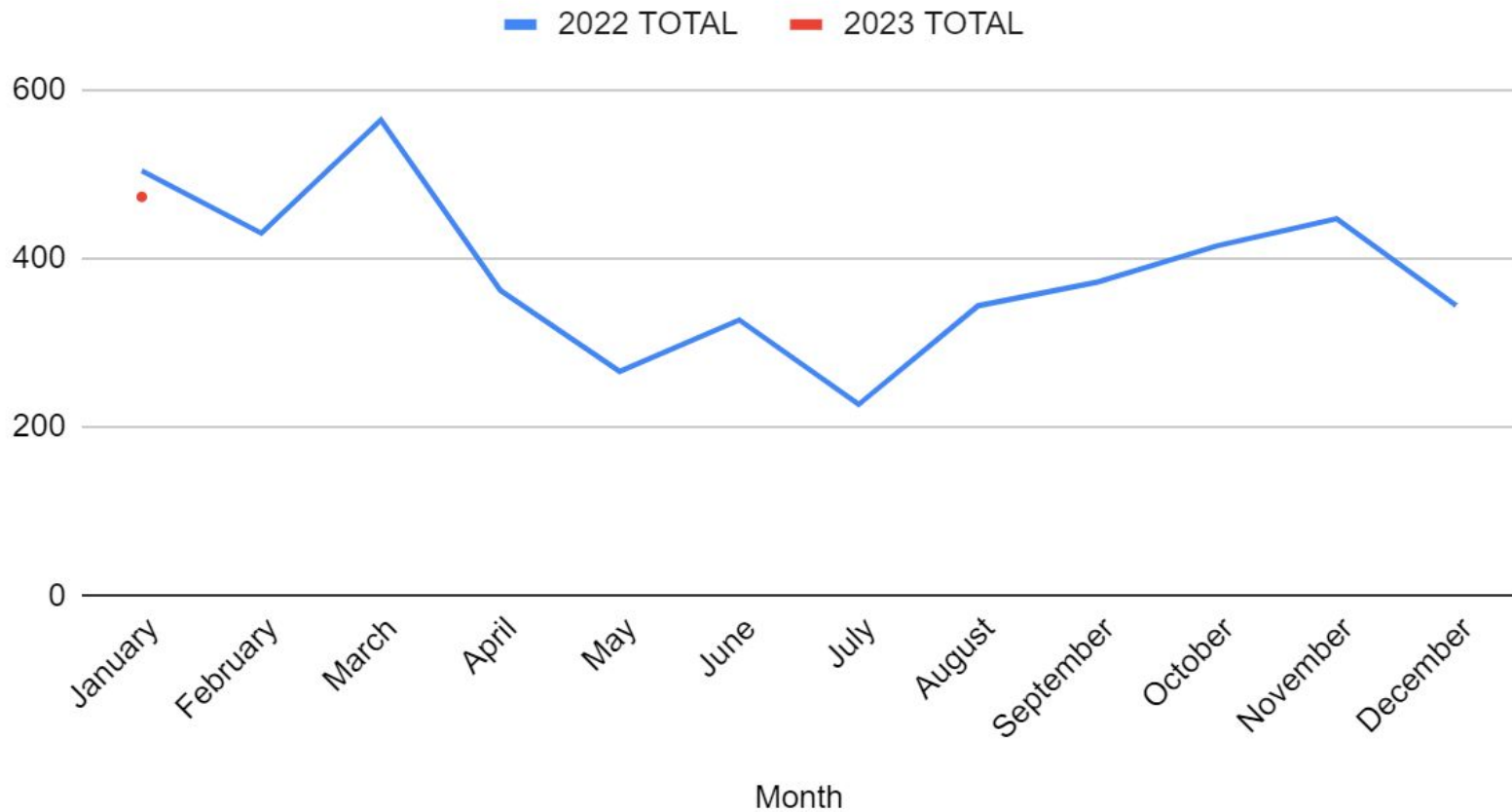
December by the Numbers:

- **449** Total Outreach to **270** unique individuals
- Most Common Outreach methods
 - Phone - 286 calls
 - In Person Office Visit - 112 visits
- Most Common Referral method
 - Self - 331
 - WCOA Staff Member - 26
 - Family Member - 52

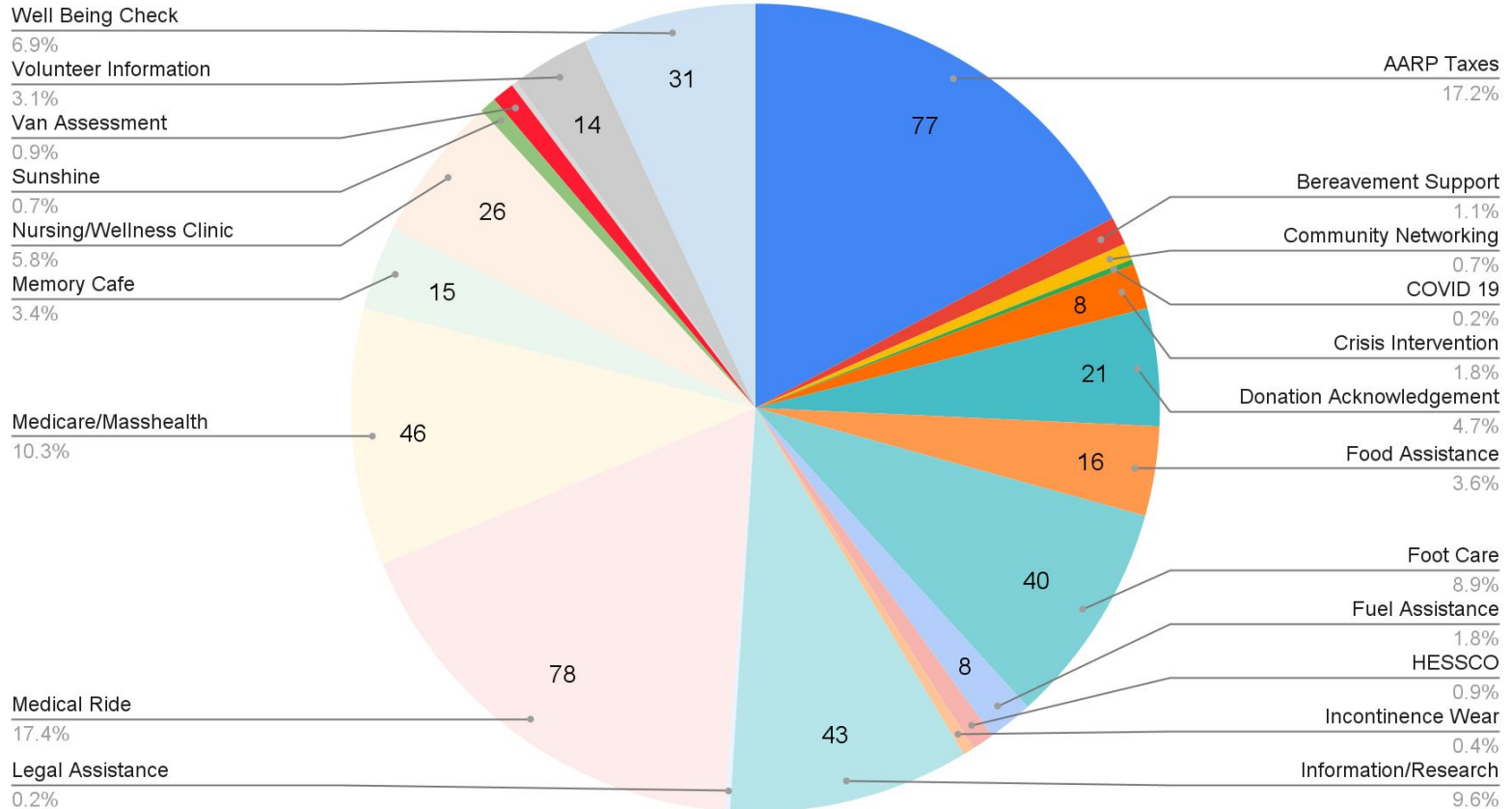
2023 Outreach Month Over Month



Outreach Year Over Year



JANUARY OUTREACH BY CATEGORY

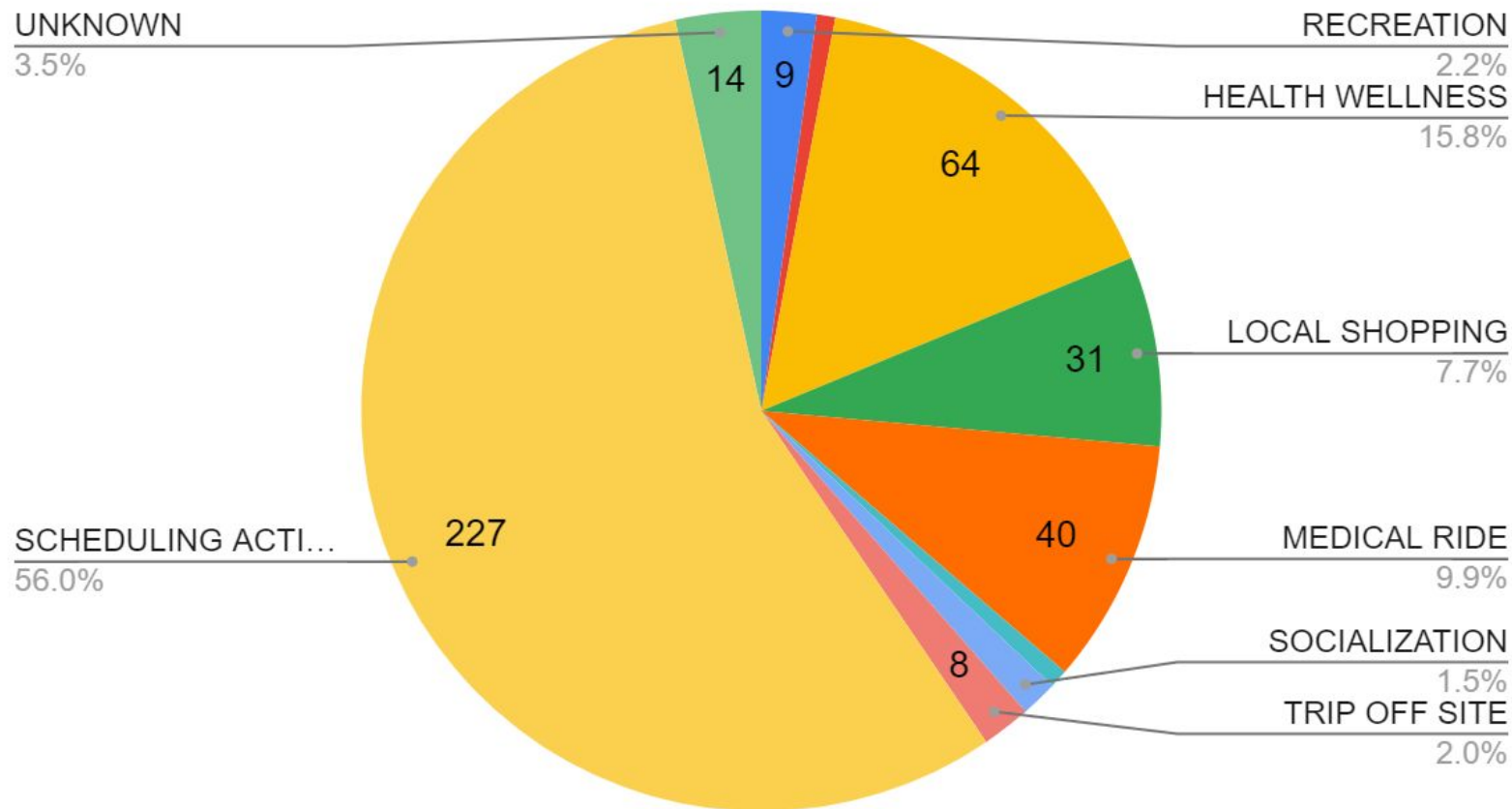


Outreach Review

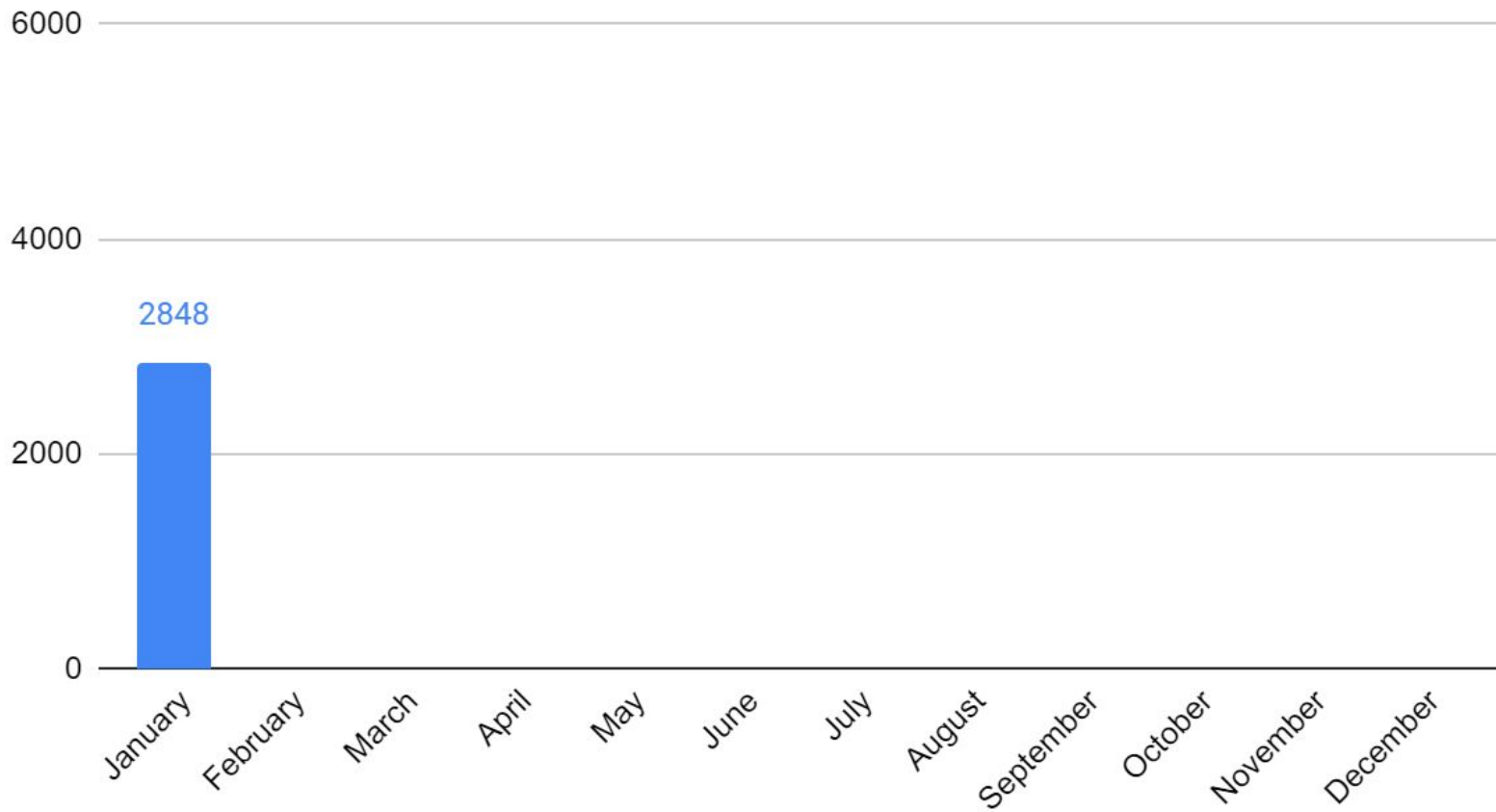
2023 Total Rides Per Month



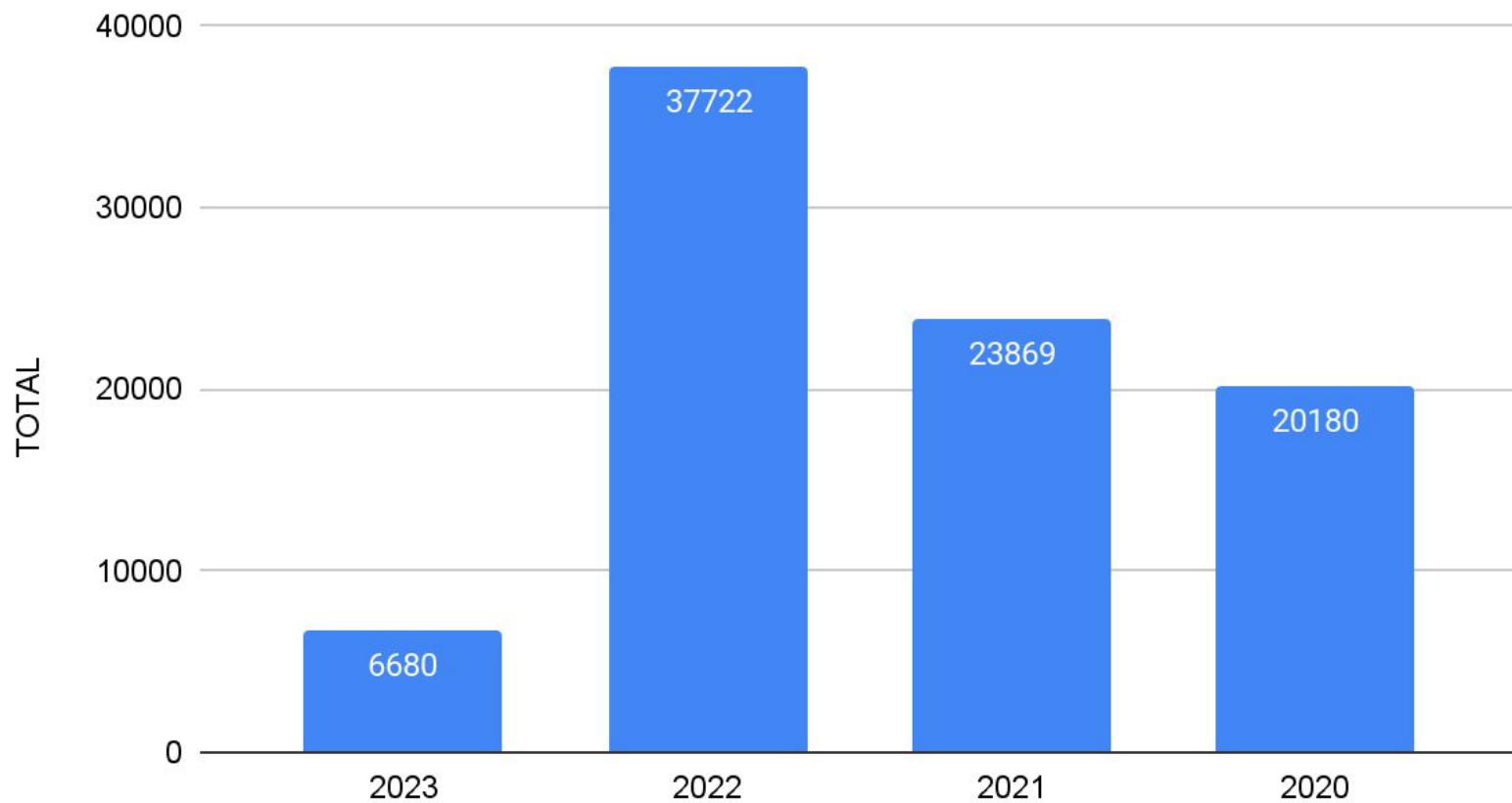
TOTAL RIDES BY CATEGORY - JANUARY 2023



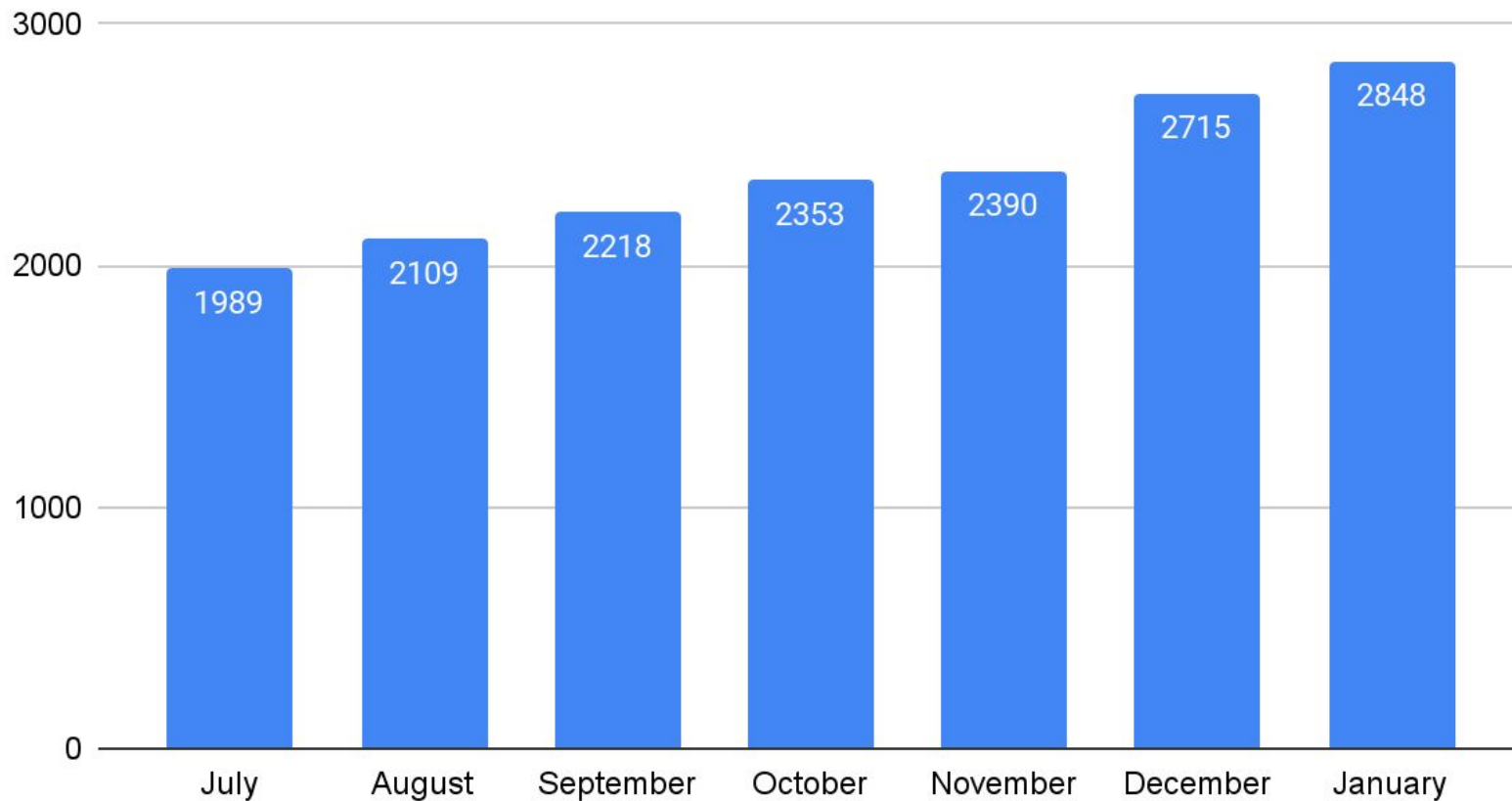
2023 Participant Check Ins



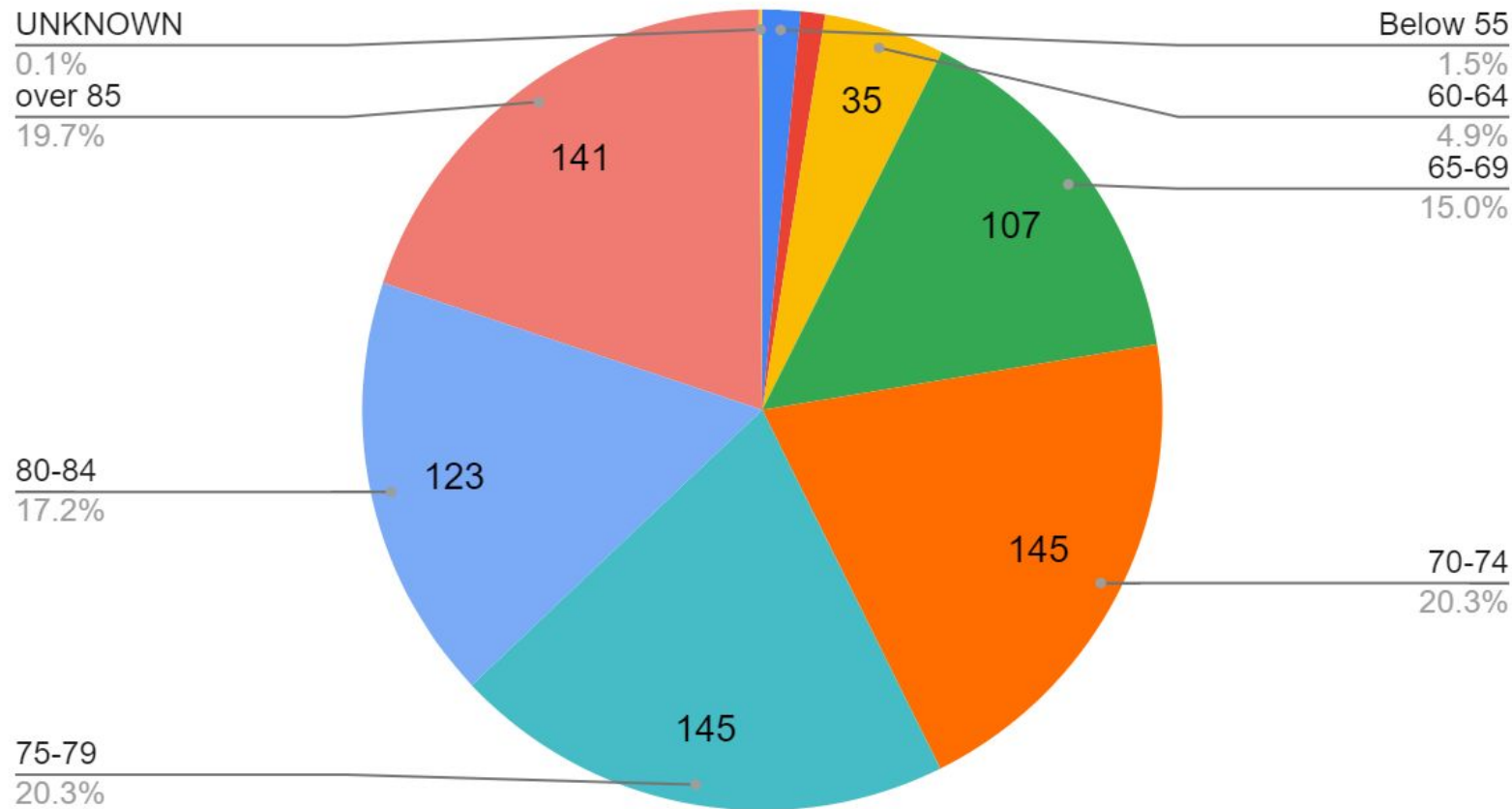
Total Participation Year Over Year



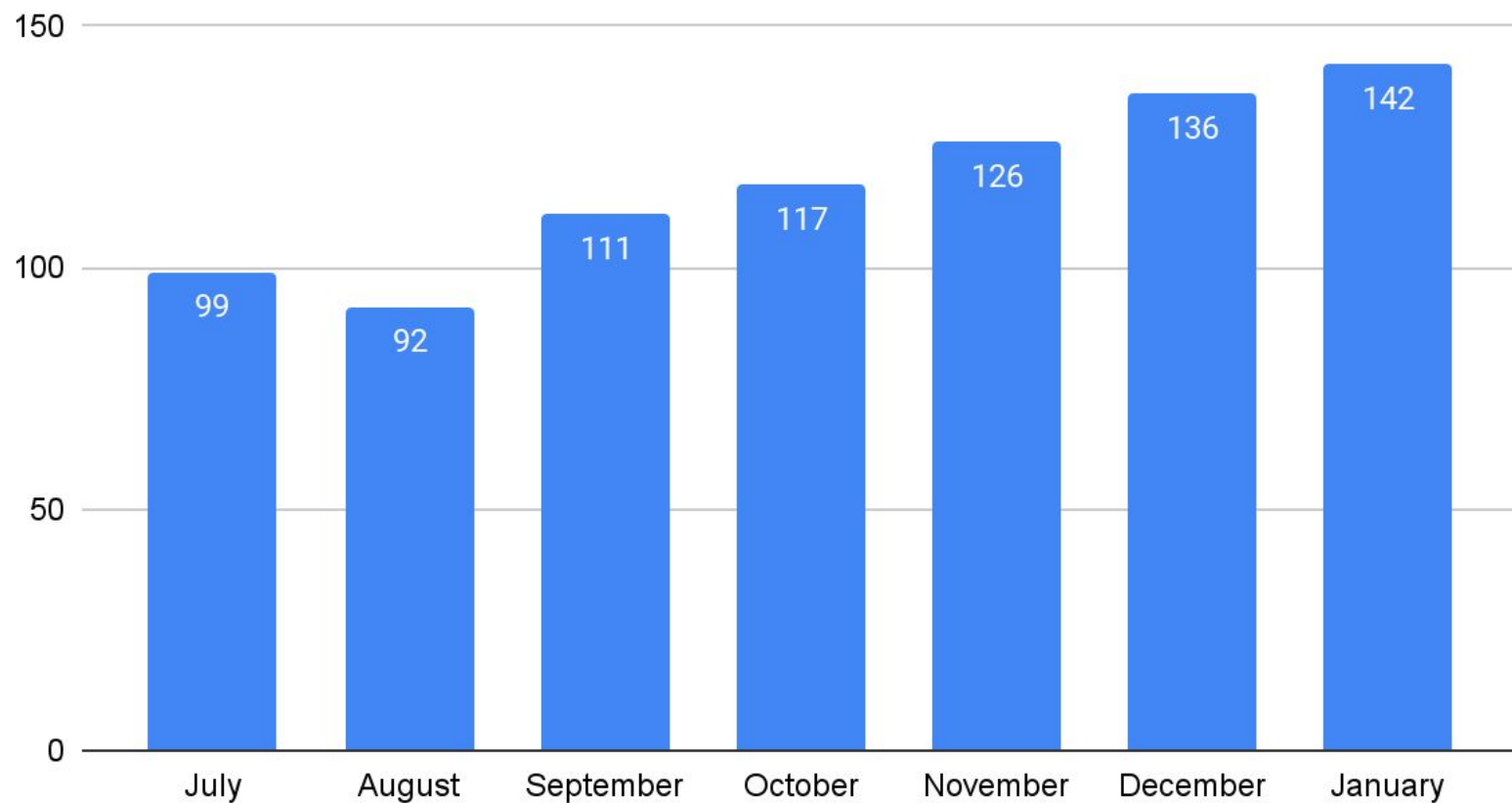
Check in Count FY23



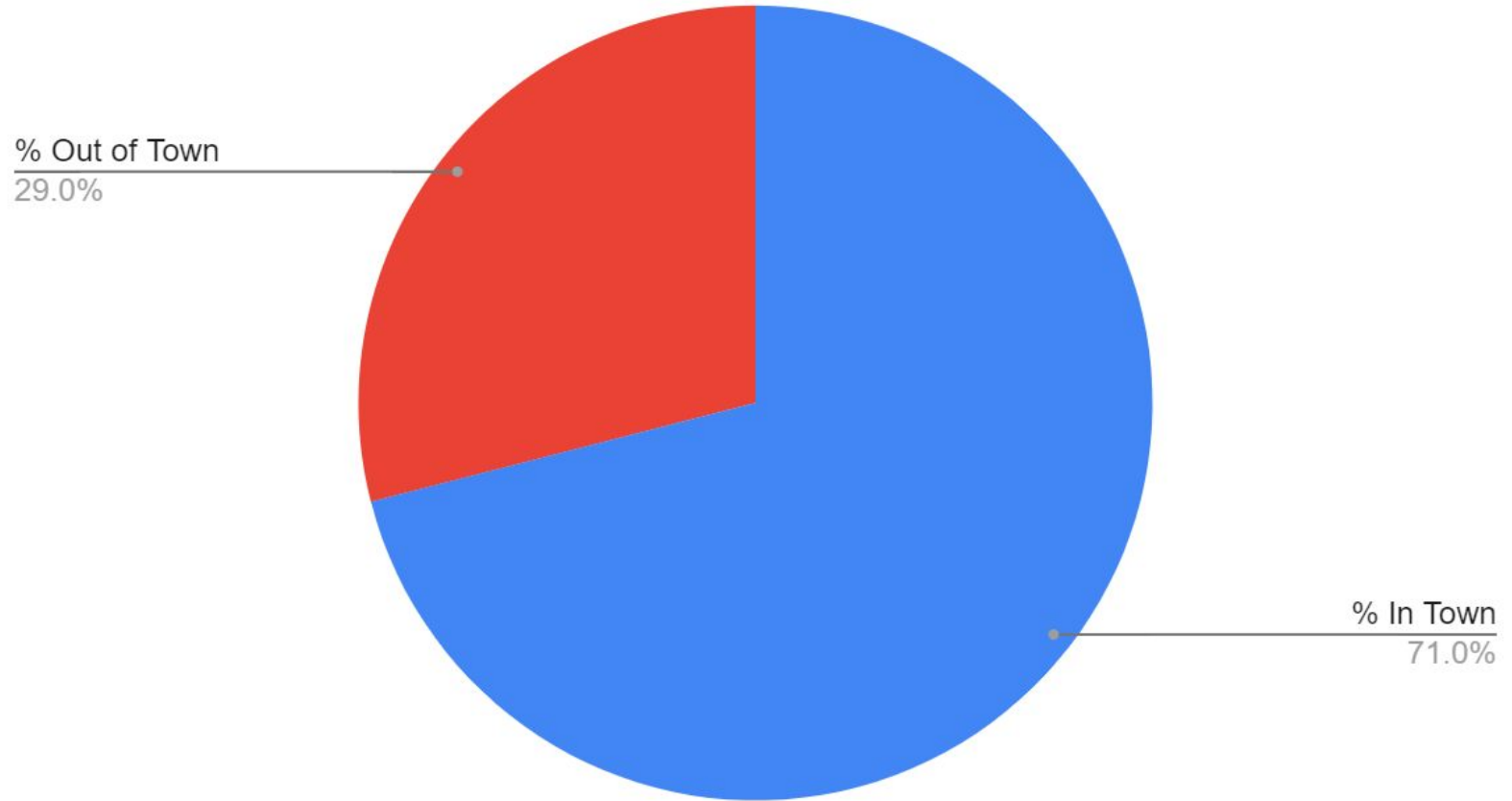
Check in by Age Group - January 2023



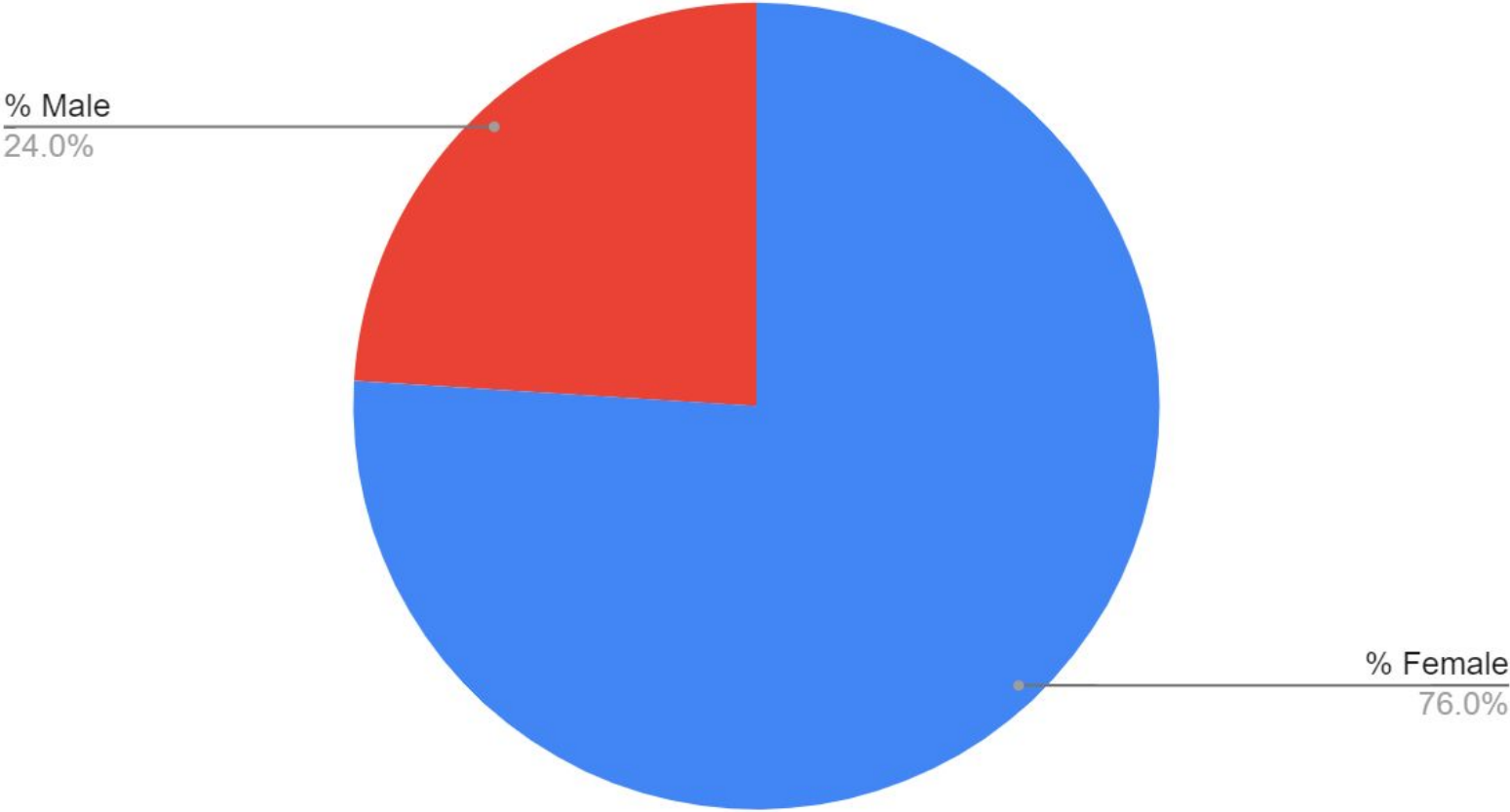
Average Daily Attendance FY23



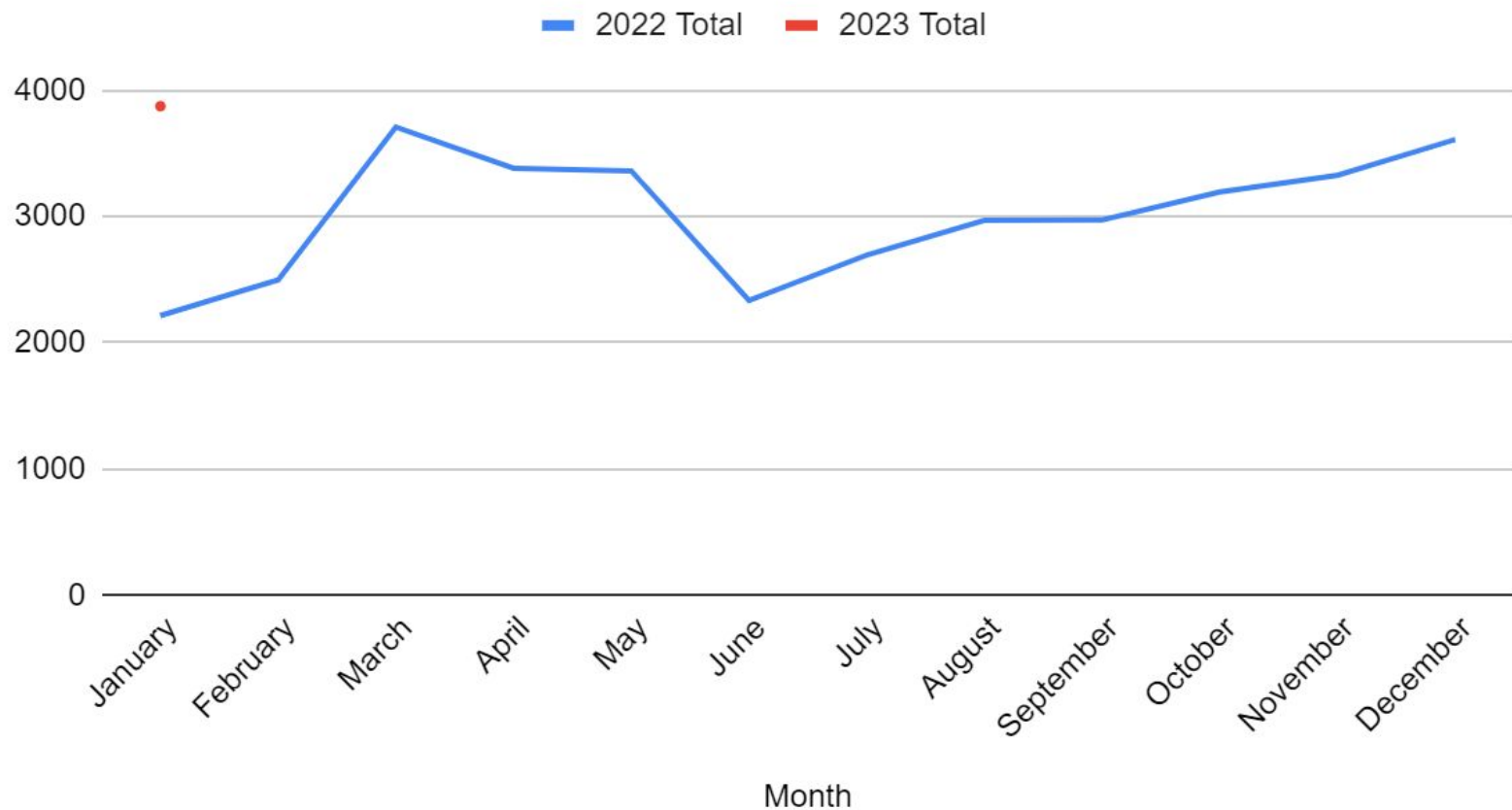
In Town and Out of Town Participation



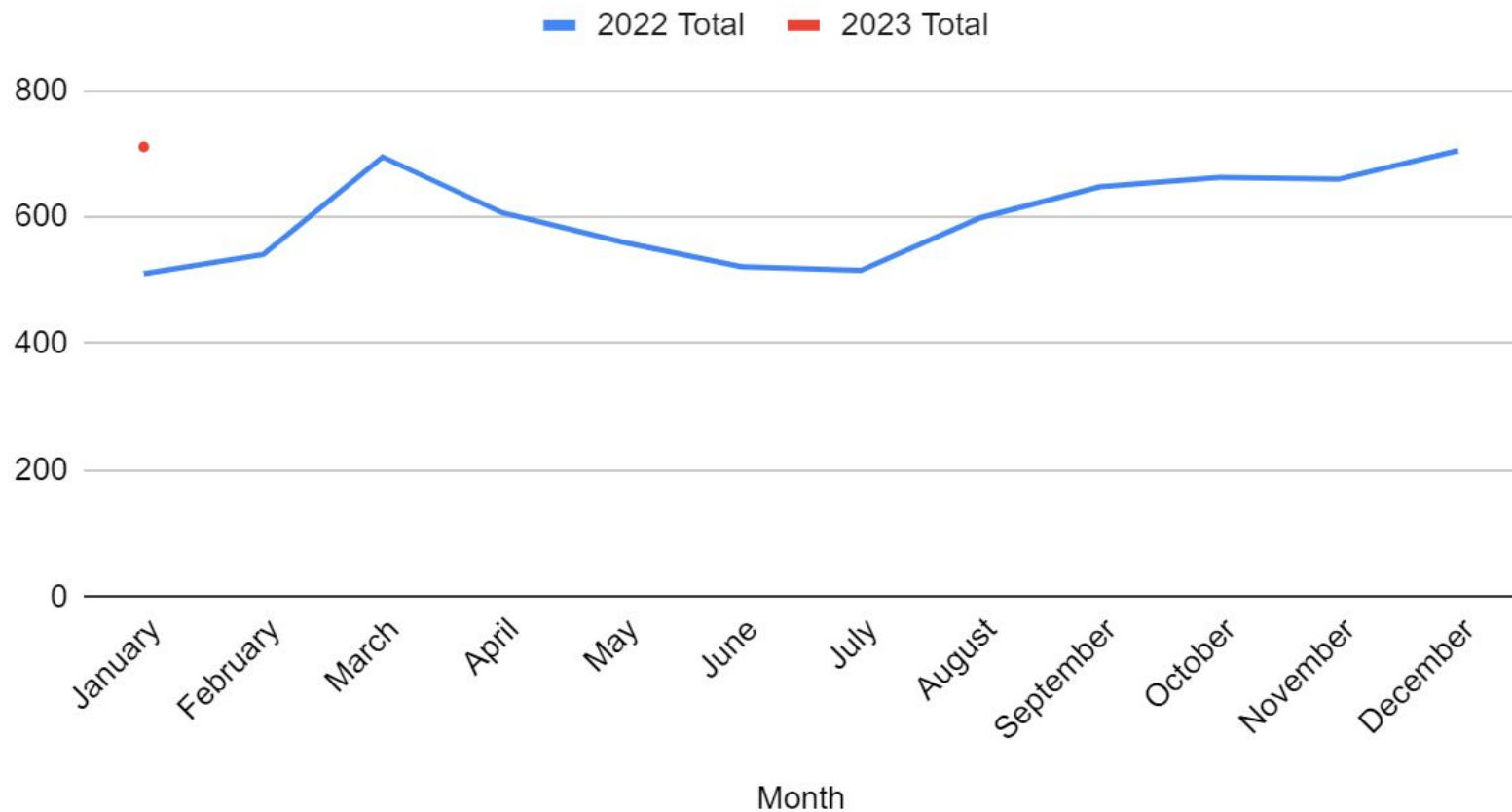
Female and Male Participation



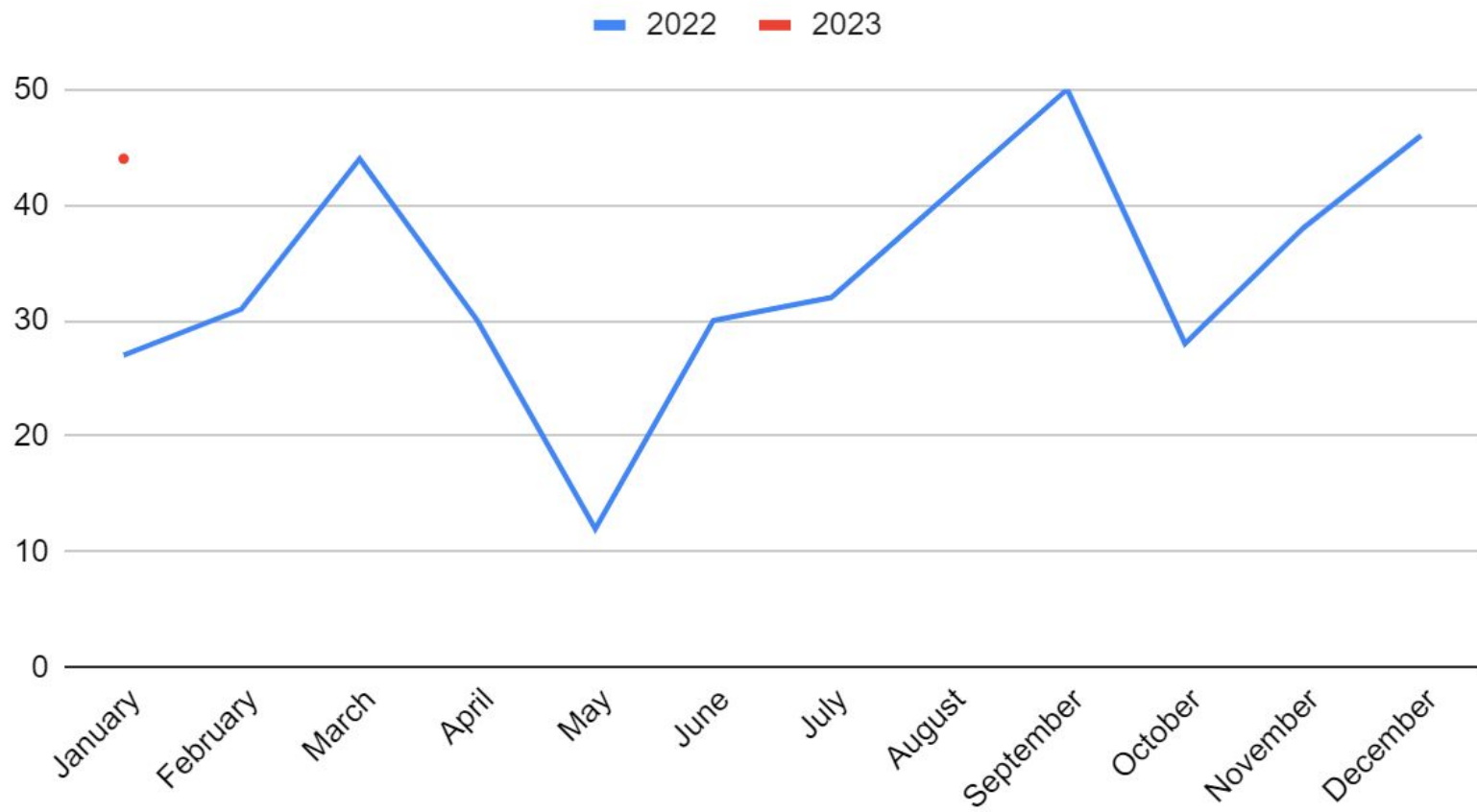
Year Over Year Total Served



Year Over Year Unique Served



Year Over Year New Members



Trending

July 2022 - January 2023

CATEGORY	DUPLICATED	UNIQUE
Fitness/Exercise	6404	374
Recreation	3873	395
Social Event	3198	590
Community Education	1348	386
HESSCO	457	70
Cultural Event	196	139

*increases across every category both in duplicated and unique except HESSCO and Cultural Event

Center Update

- Finance Committee Budget Meeting was February 13th at 7pm
- Walpole Day - Saturday, May 13th
- Many programs full with waitlists through the end of February
 - Wednesday February 9th, 199 seniors, no special program
 - Chair Yoga - 20 on waitlist - streaming option offered

Center Update

JANUARY

- Coffee and Conversations *average attendance was 49*
 - (Wills and Trusts, Boston Post Cane, Songs and Stories Johnny Cash, Soup Master)
- Center Birthday Party (89 participants)
- Movie Matinee (47 participants)

Upcoming

March

- Coffee and Conversations - Falls and Home Modifications, The Crusades, The Power and the Passion: The Turbulent Fortunes of the Medici Dynasty, The Art of Reiki, Right Size Your Life by Downsizing Your Stuff)
- AARP Tax Prep Mondays by appointment through Tax Filing Date
- Lions Club Spaghetti Dinner
- Diamond Dot Art Class
- Two Heart Saver CPR classes
- Stories of Historic Walpole Interviews for seniors with the Historical Society
- St. Patrick's Day Breakfast with the Walpole Fire Department
- Restorative Yoga
- BINGO with the Girl Scouts

Finance Update

Council on Aging Operating Budget

Total Budget
\$43,600.00
Expenses
\$19,496.80
Balance
\$24,103.20

Expenses

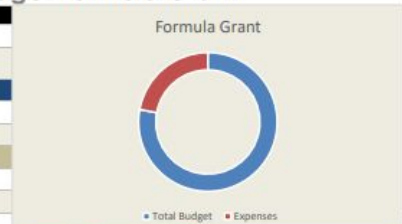
Legend: Total Budget (Blue), Expenses (Red)

EXPENSES	TOTAL THIS MONTH	TOTAL THIS YEAR	APPROPRIATION	REMAINING	% REMAIN	% USED
Electricity	\$ 982.39	\$ 4,957.15	\$ 12,000.00	\$ 7,042.85	58.69	41.3
Water	\$ -	\$ 770.26	\$ 4,000.00	\$ 3,686.64	92.17	7.8
Equipment and Repairs	\$ -	\$ 2,794.58	\$ 5,485.00	\$ 2,690.42	49.05	50.9
Training and Development	\$ -	\$ 75.00	\$ 1,500.00	\$ 1,425.00	95.00	5.0
Postage and Courier	\$ 59.89	\$ 127.36	\$ 400.00	\$ 272.64	68.16	31.8
Printing and Copying	\$ 82.00	\$ 96.25	\$ 1,118.00	\$ 1,021.75	91.39	8.6
Gas & Oil	\$ 545.26	\$ 2,917.32	\$ 8,000.00	\$ 5,082.68	63.53	36.5
Office Supplies	\$ 248.55	\$ 4,030.65	\$ 7,000.00	\$ 2,969.35	42.42	57.6
Travel In State	\$ -	\$ 276.63	\$ 500.00	\$ 223.37	44.67	55.3
Due and Memberships	\$ -	\$ 2,205.40	\$ 3,500.00	\$ 1,294.60	36.99	63.0
Meetings and Conferences	\$ -	\$ 570.00	\$ 500.00	\$ (70.00)	-14.00	114.0
Miscellaneous	\$ 143.09	\$ 153.84	\$ 750.00	\$ 596.16	79.49	20.5
Office Equipment	\$ 95.50	\$ 522.36	\$ 1,250.00	\$ 727.64	58.21	41.8
	\$ 2,156.68	\$ 19,496.80	\$43,600.00	\$ 26,588.20	60.98	39.0
*Updated to January 31, 2023						

Finance Update

Council on Aging Operating Budget Formula Grant

Total ESTIMATED Budget
\$30,000.00
Expenses
\$8,524.07
Balance
\$21,475.93



EXPENSES	TOTAL THIS MONTH	TOTAL THIS YEAR
Supplies	\$ -	\$ 647.76
Fitness Wellness	\$ 1,129.00	\$ 3,941.98
Repairs and Maintenance	\$ -	\$ -
Equipment/Furnishing	\$ -	\$ -
Facility Maintenance	\$ -	\$ -
Print Copy	\$ -	\$ -
Postage	\$ -	\$ -
Dues and Licenses	\$ 89.30	\$ 570.80
Newsletter Printing	\$ 447.12	\$ 1,834.96
Conference Education	\$ -	\$ 190.00
Volunteer Recognition	\$ -	\$ -
Breakfast Program	\$ -	\$ -
TOTAL Utilized	\$ 1,769.99	\$ 8,524.07
Remaining		\$ 21,475.93
% Remaining		71.6
% Used		28.4

Formula Grant Information

Balance Forward from Previous FY	\$ 20,139.94
Total FG FUNDING FY22	\$ 59,520.00
FY23 FUNDING TO BE SET AT DONAHUE INSTITUTE ESTIMATES - 7116 seniors in Walpole	
Total Estimated FG Funding for FY23	\$ 85,392.00
Total Estimated Increase in FG Funding in FY23	\$ 25,872.00
Total Estimated FG Salary for FY23	\$ 45,000.00
Delta Estimate	\$ 40,392.00

UPDATED 10/21/2022 EOEa

GIFTS RECEIVED	
\$ 100.00	Gift from P Sanford
\$ 50.00	Gift from Bier Family Trust
\$ 50.00	Gift from C Ferris
\$ 100.00	Gift from R Doherty Check # 5491
\$ 200.00	Gift in memory of Madeline Taylor from V James and A Fleet #2559
\$ 100.00	Gift in memory of Madeline Taylor from Rita, Chelsie and Jennie
\$ 25.00	Gift in memory of Ronald Trenouth from P and C Feele#3352
\$ 50.00	Gift in memory of Ronald Trenouth from O Church # 3510
\$ 50.00	Gift in memory of Ronald Trenouth from S Unico #1176
\$ 1,000.00	Gift in memory of John Peterson from Kim Peterson #500184587

GIFTS UTILIZED	
\$ 499.91	Expenses Events
\$ -	Other Expenses
\$ 386.73	Breakfast Café Expenses

TOTAL	\$ 886.64
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GIFT ACCOUNT INFORMATION	
\$ 18,858.37	PREVIOUS BALANCE
\$ 1,725.00	JANUARY GIFTS
\$ 886.64	GIFTS UTILIZED
\$ 19,696.73	GIFT BALANCE

EXPENSES EVENTS ITEMIZED	
\$ 420.00	Holiday Open House Simply Serving
\$ 31.99	Holiday Open Chinest Plates for Breakfast
\$ 47.92	Holiday Open House Cup Sleeves
\$ 331.65	Reimbursements to Deb for various events from
\$ 6.00	Remimbursement to Lindsey for Feb Event
\$ 250.00	Entertainment Birthday Party - Retro Polatin
\$ 499.91	

TOTAL	\$ 499.91
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BREAKFAST CAFÉ EXPENSES ITEMIZED	
\$ 386.73	Breakfast Difference December
\$ 386.73	

TOTAL	\$ 386.73
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OTHER EXPENSES ITEMIZED	
\$ -	

Old Business

New Business

- Walpole Housing Authority Update
- Master Plan Update
- Friends of Walpole Elders
- Select Board Update
- Board Associate Candidates
- Topics and Speakers for Upcoming Meetings

Open Forum

NEXT MEETING

March 23, 2023