

AGENDA



Council on Aging Board Meeting

Date of Posting: Monday, March 20, 2023
Date of Meeting: Thursday, March 23, 2023
Time of Meeting: 10:00 AM
Location: COA Center

Agenda


1. Attendance and Pledge of Allegiance
2. Mark Gallivan, Select Board Member
3. Review of February Meeting Minutes
4. Outreach Review
5. Center Updates
6. Finance Update
7. Old Business
 - a. Board Associate Candidate Update
8. New Business
 - a. Walpole Housing Authority Update
 - b. Master Plan Update
 - c. Friends of Walpole Elders Update
 - d. Select Board Update
 - e. Topics/Speakers for upcoming meetings
 - April: Business Meeting
 - May: Brendan Croak, Recreation Department
Form Nominating Committee for June Elections
 - June: Election of Officers
"Anatomy" of the Past Year and Looking Ahead
9. Open Forum



Walpole Council on Aging Board Meeting



March 23, 2023
10:00AM
Old Colony



Attendance & Pledge of Allegiance

Mark Gallivan, Walpole Select Board

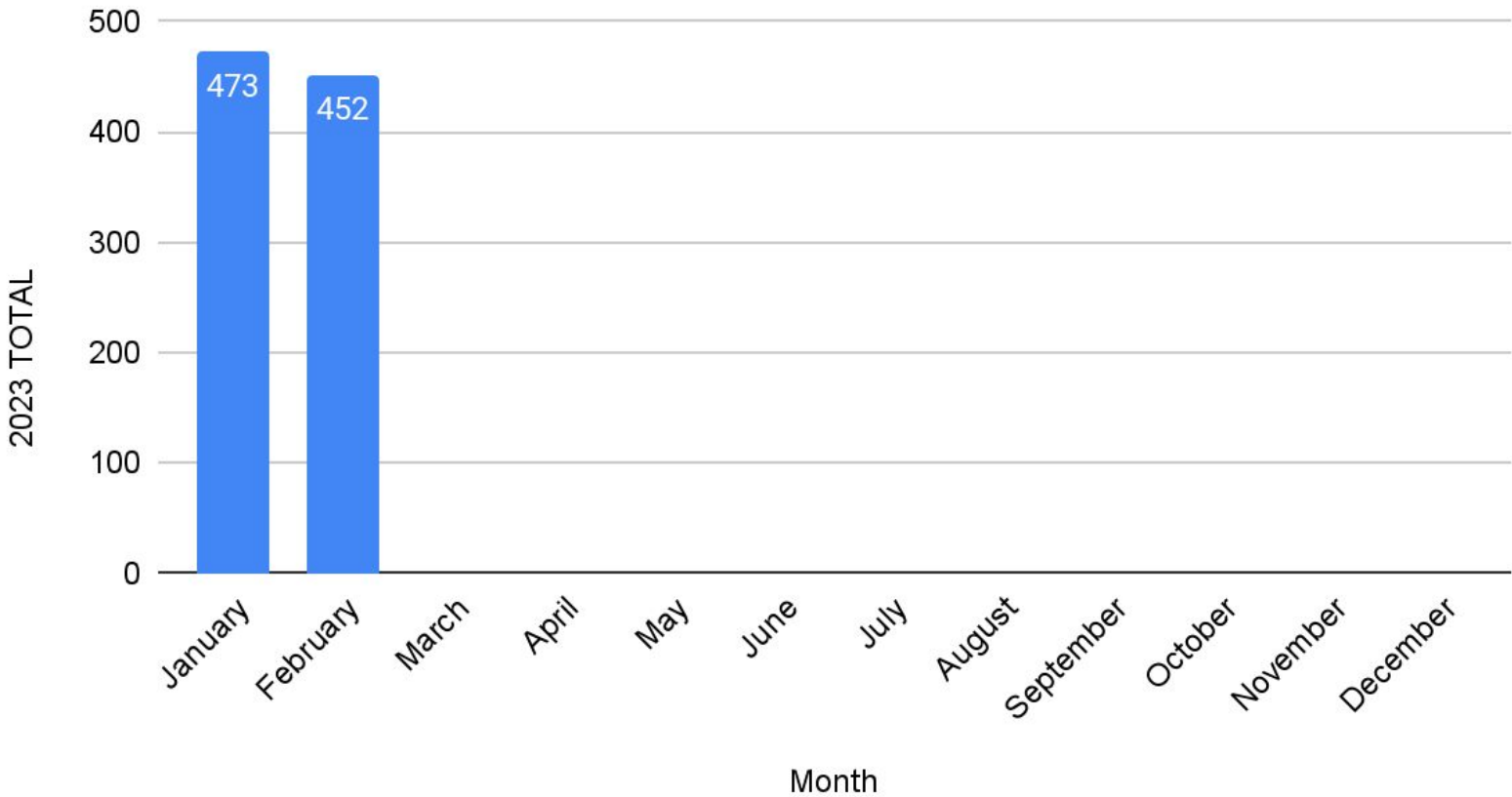
Review of February Meeting Minutes

Outreach Review

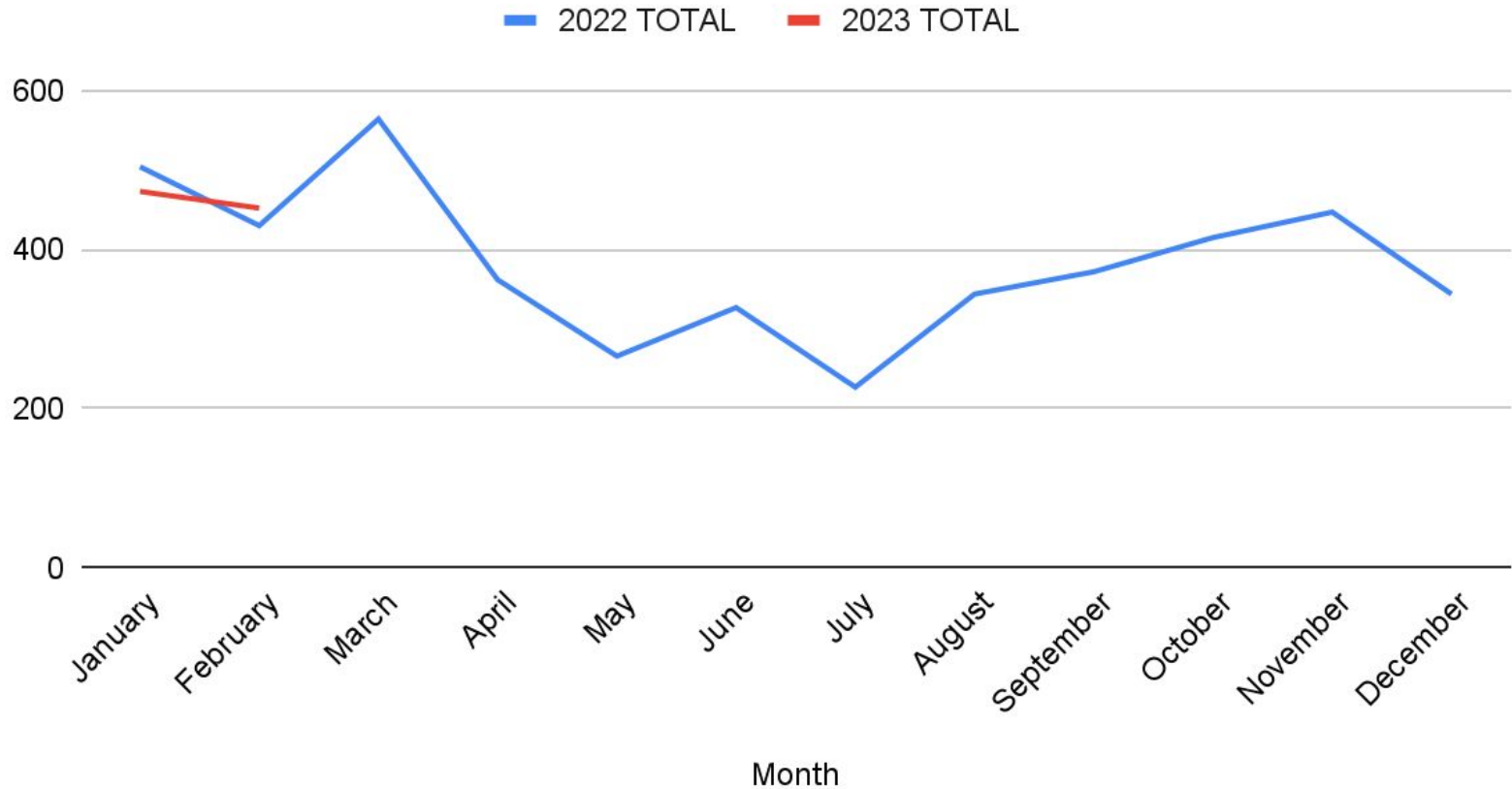
February by the Numbers:

- **426** Total Outreach to **226** unique individuals
- Most Common Outreach methods
 - Phone - 234 calls
 - In Person Office Visit - 161 visits
- Most Common Referral method
 - Self - 322
 - WCOA Staff Member - 17
 - Family Member - 48

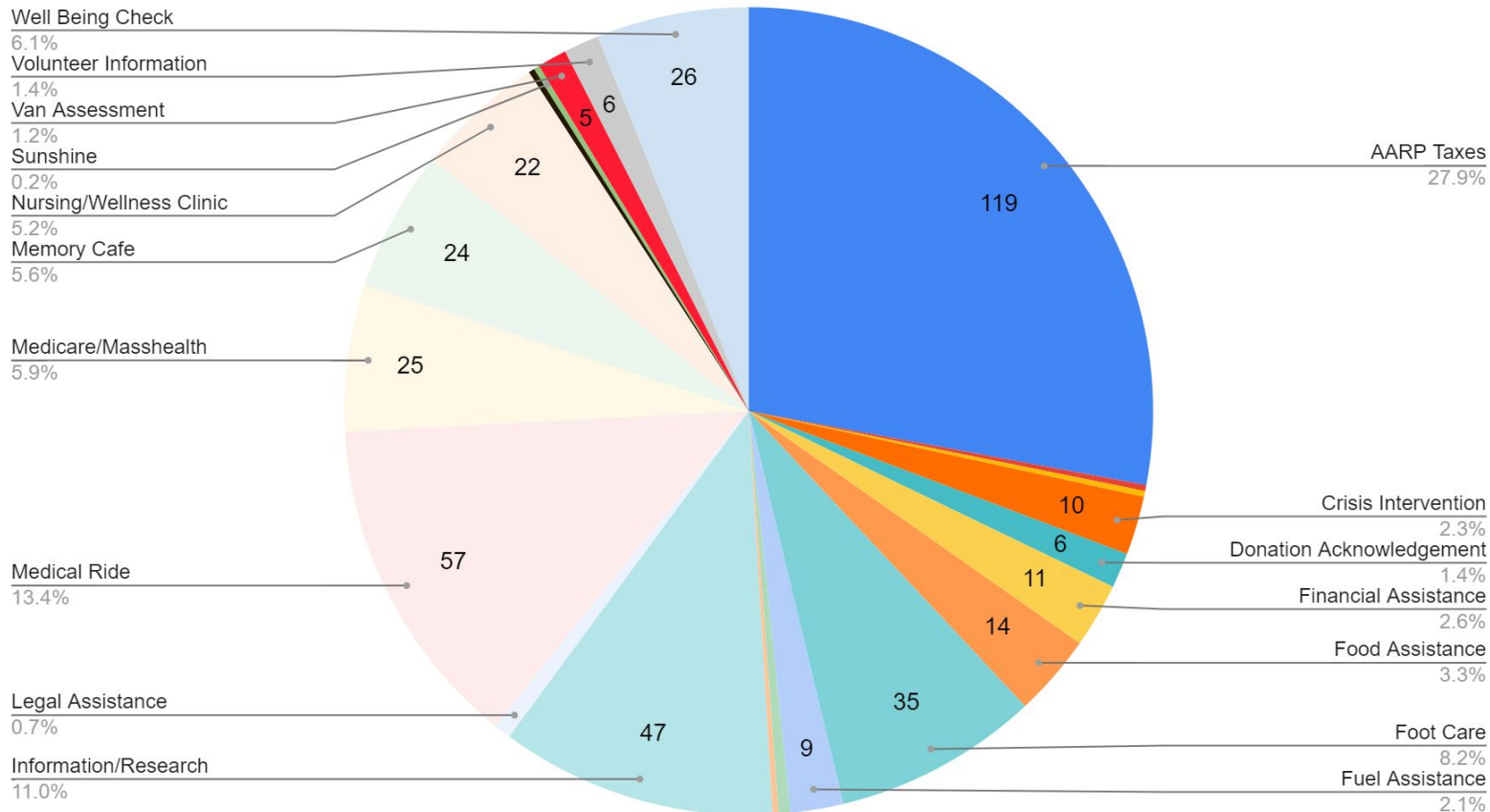
2023 Outreach Month Over Month



Outreach Year Over Year

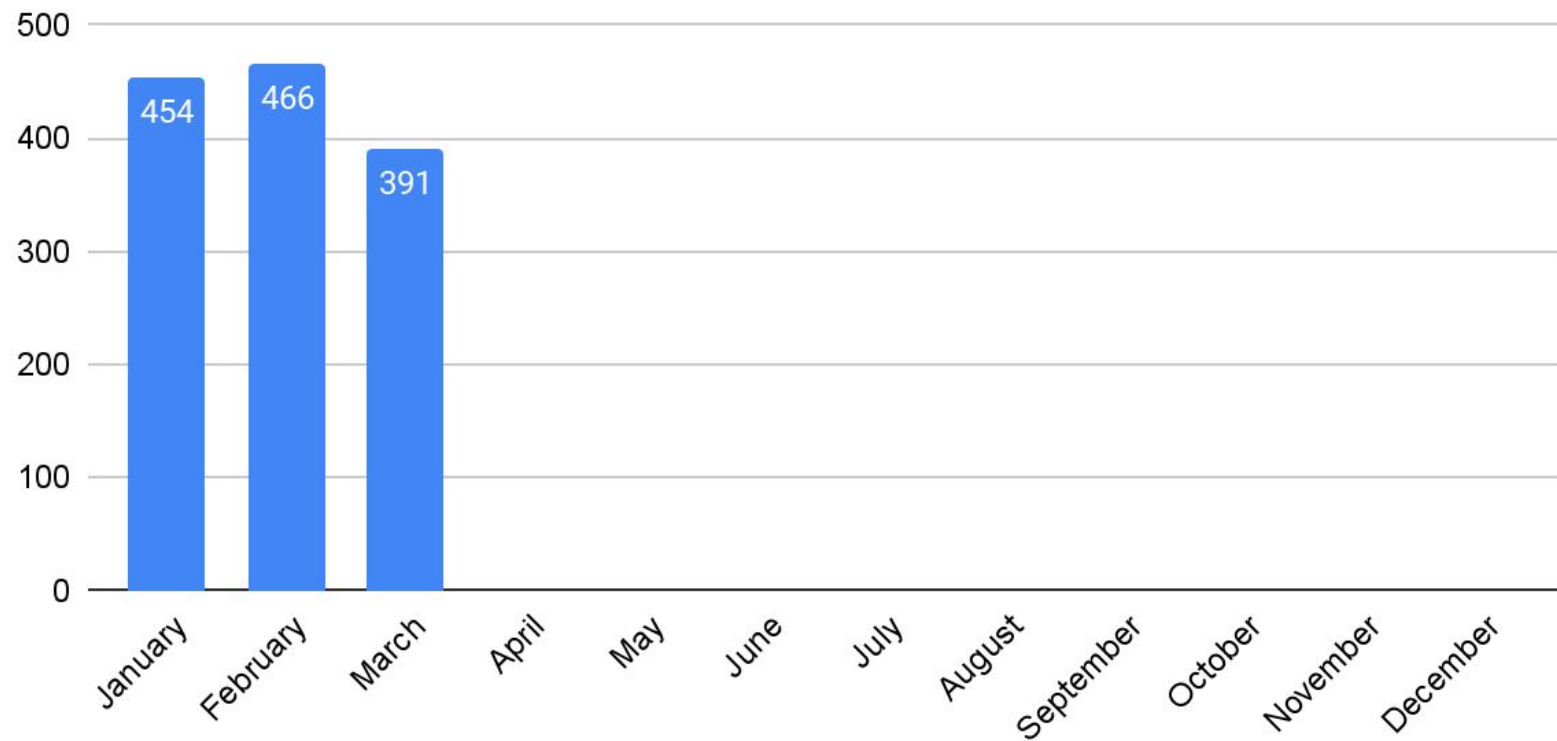


FEBRUARY OUTREACH BY CATEGORY



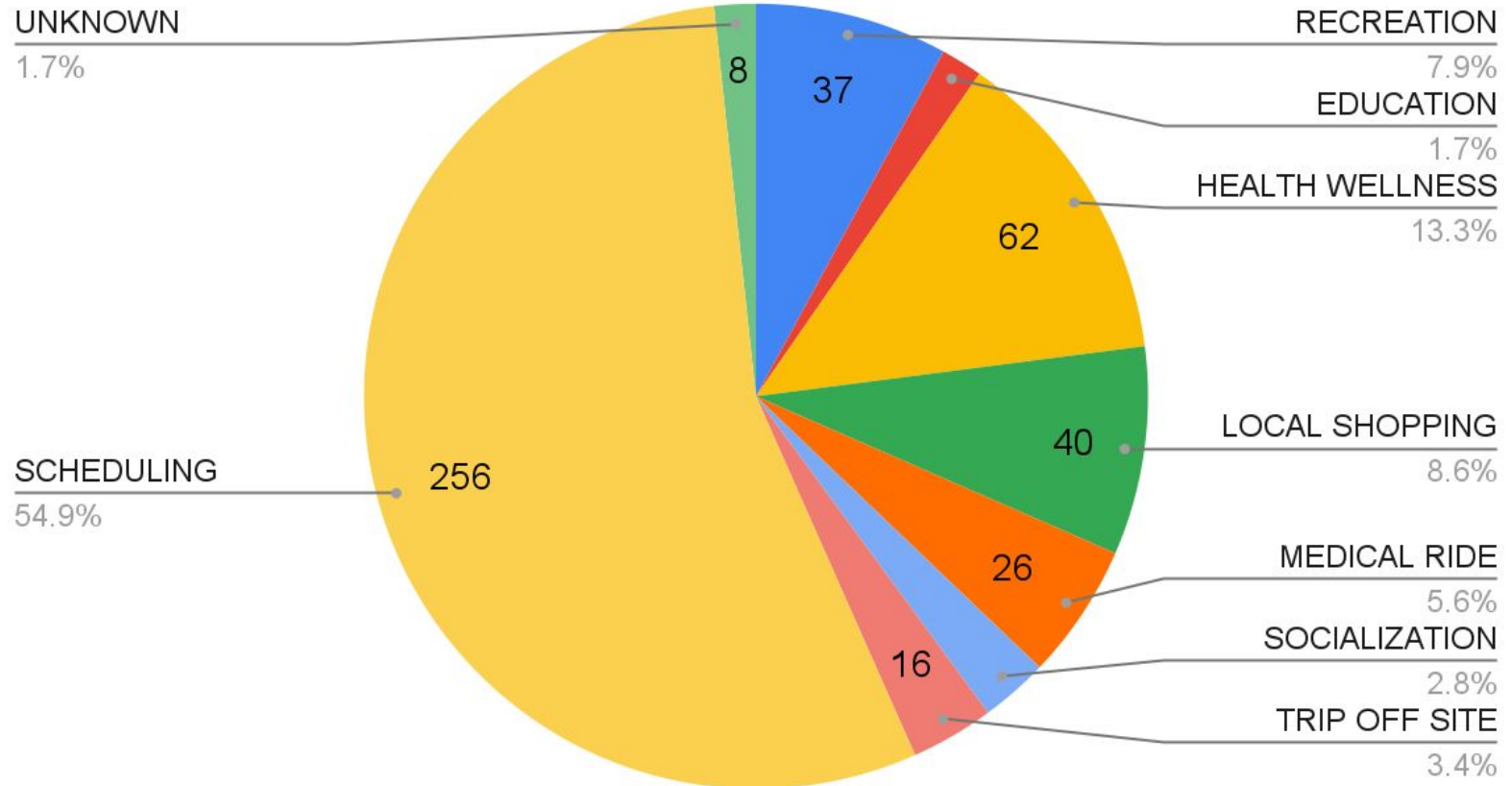
Outreach Review

2023 Total Rides Per Month

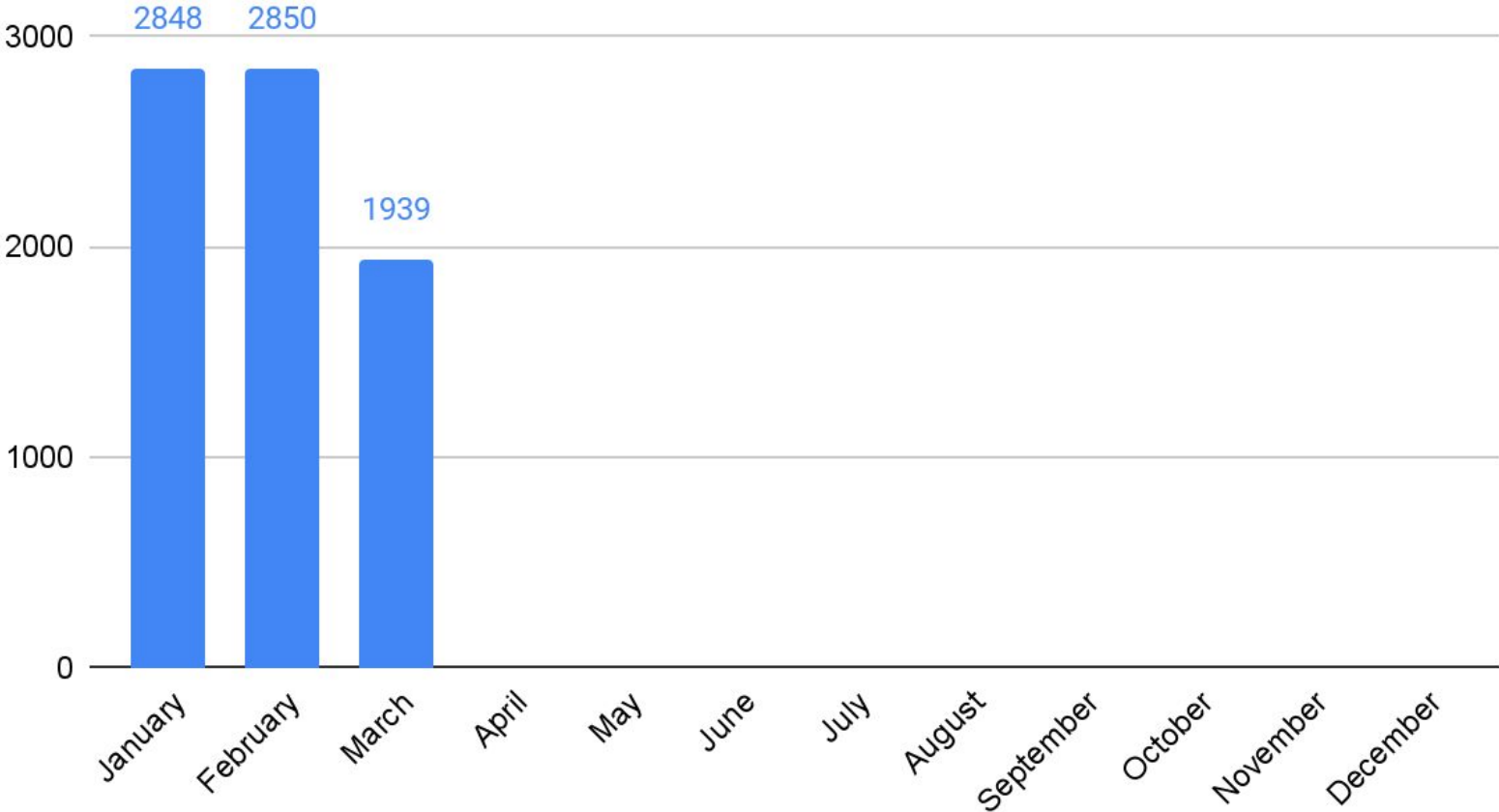


Total Rides per Month

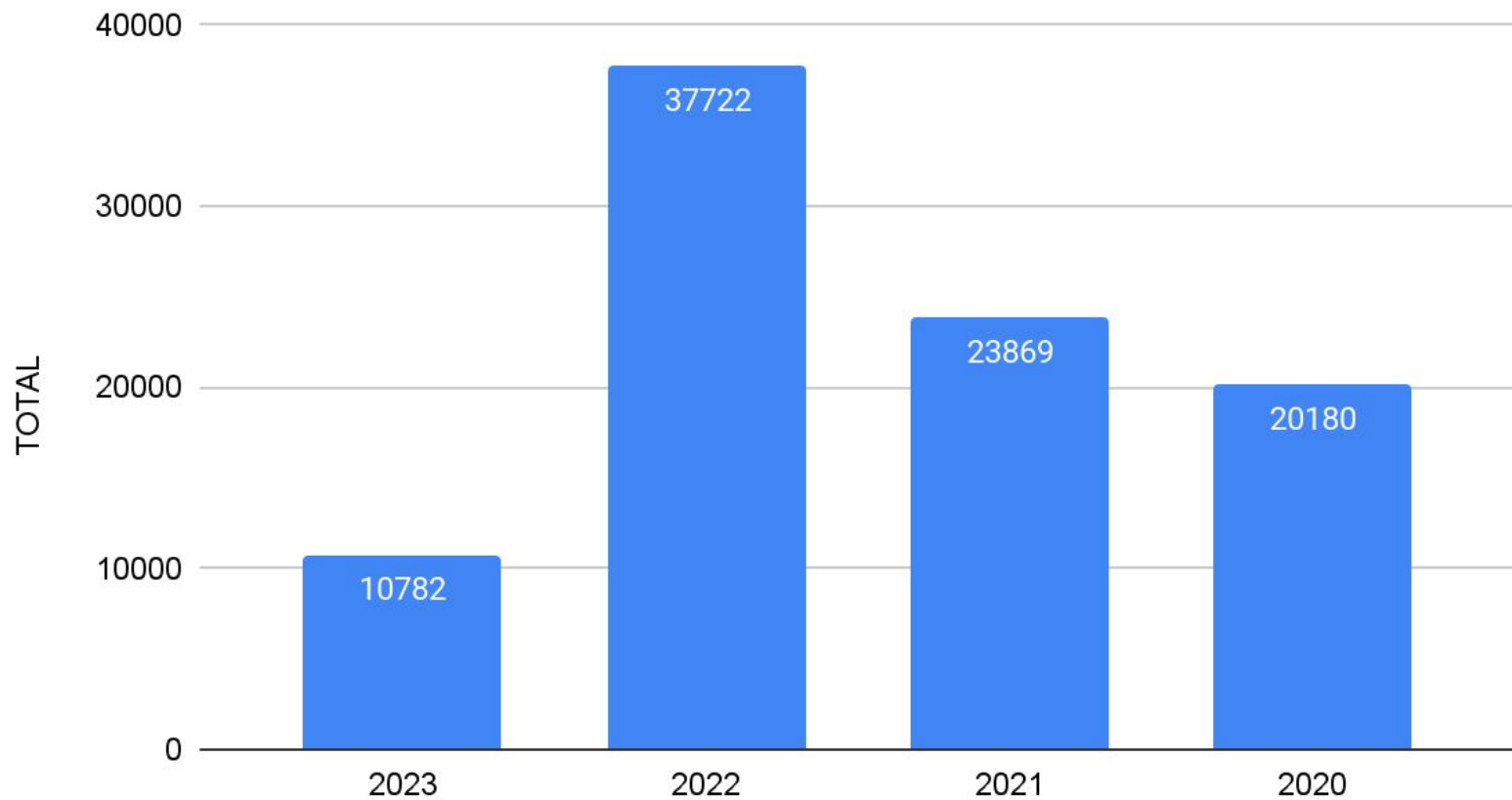
TOTAL RIDES BY CATEGORY - FEBRUARY 2023



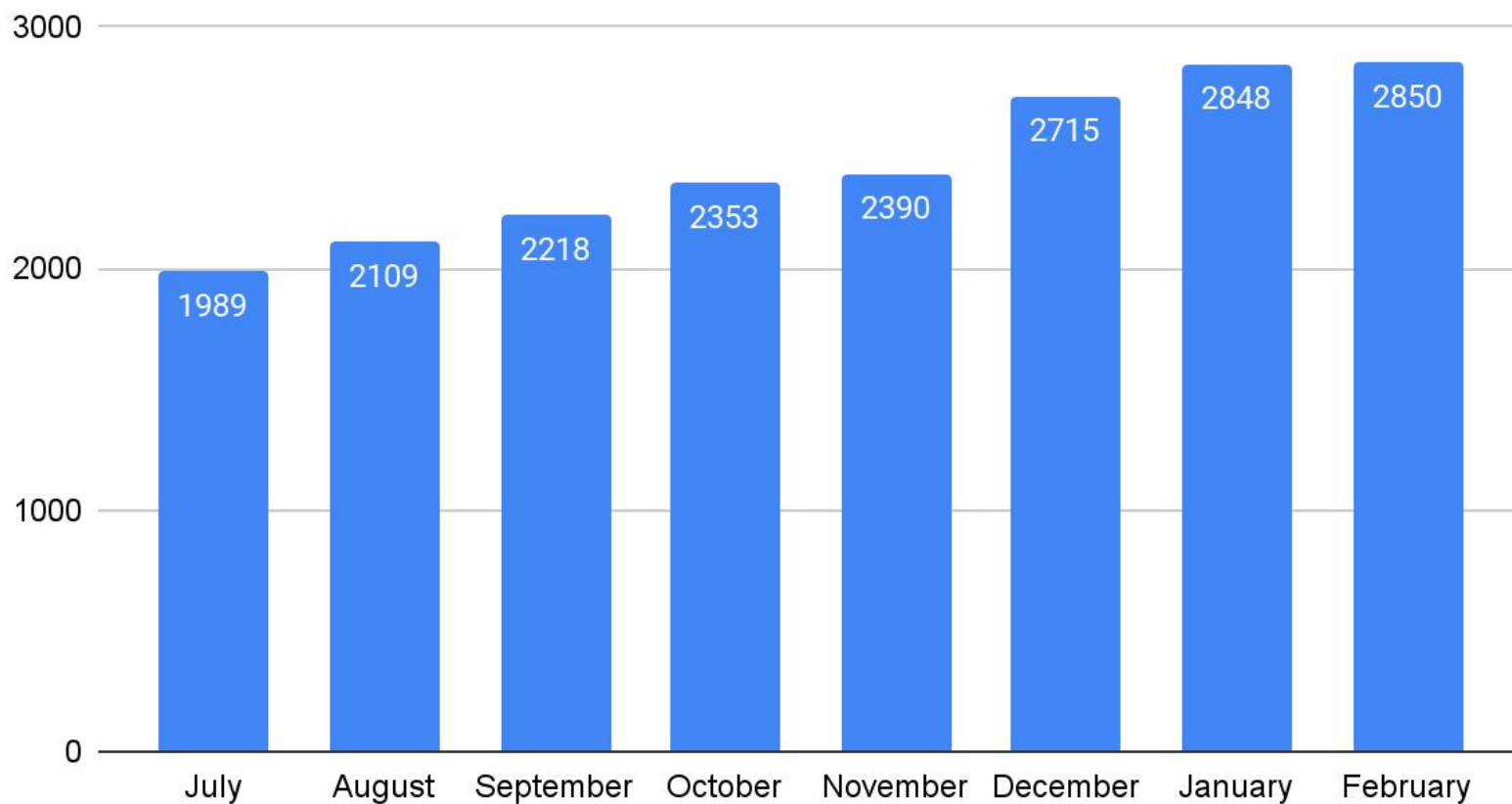
2023 Participant Check Ins



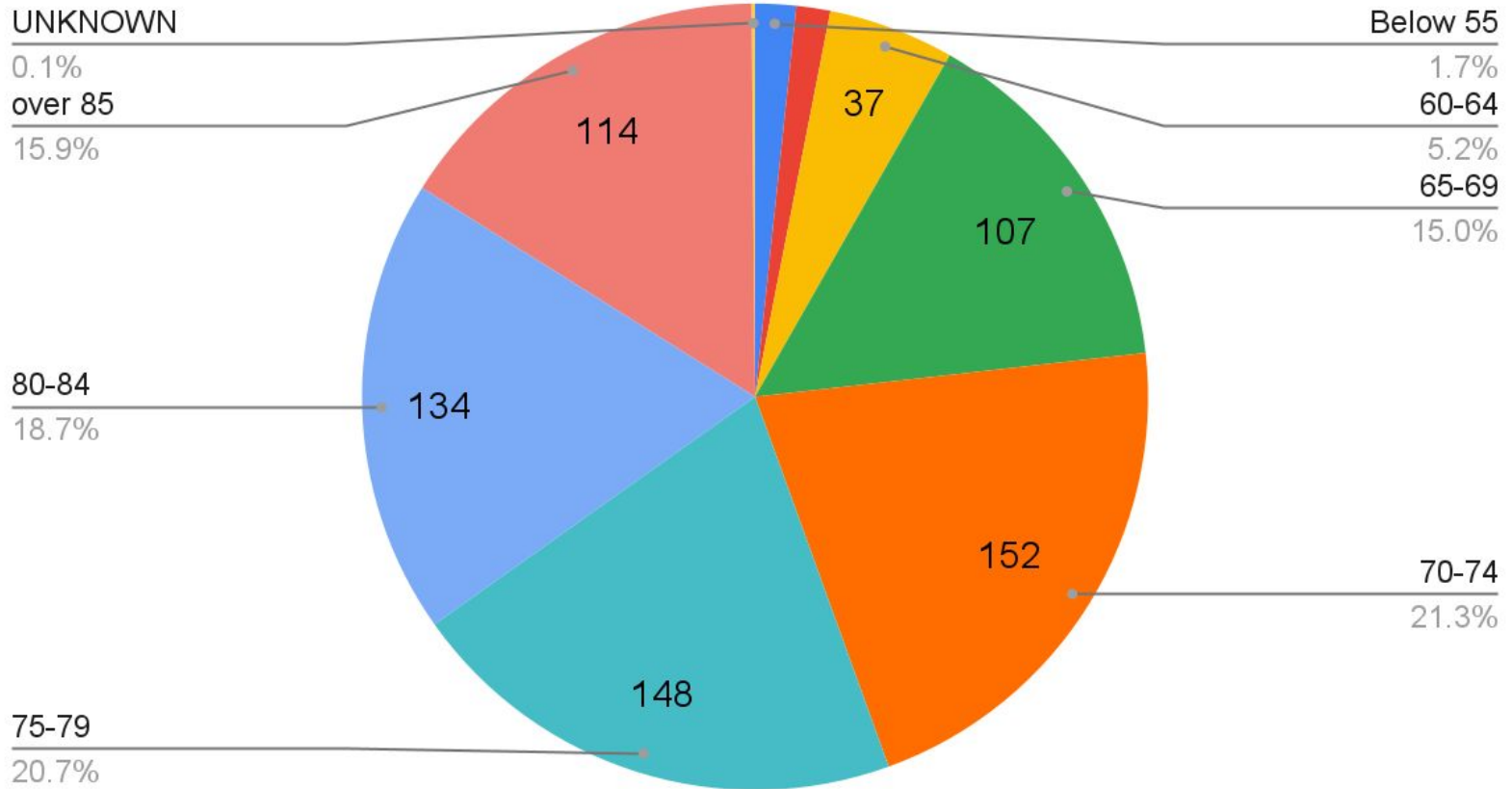
Total Participation YOY



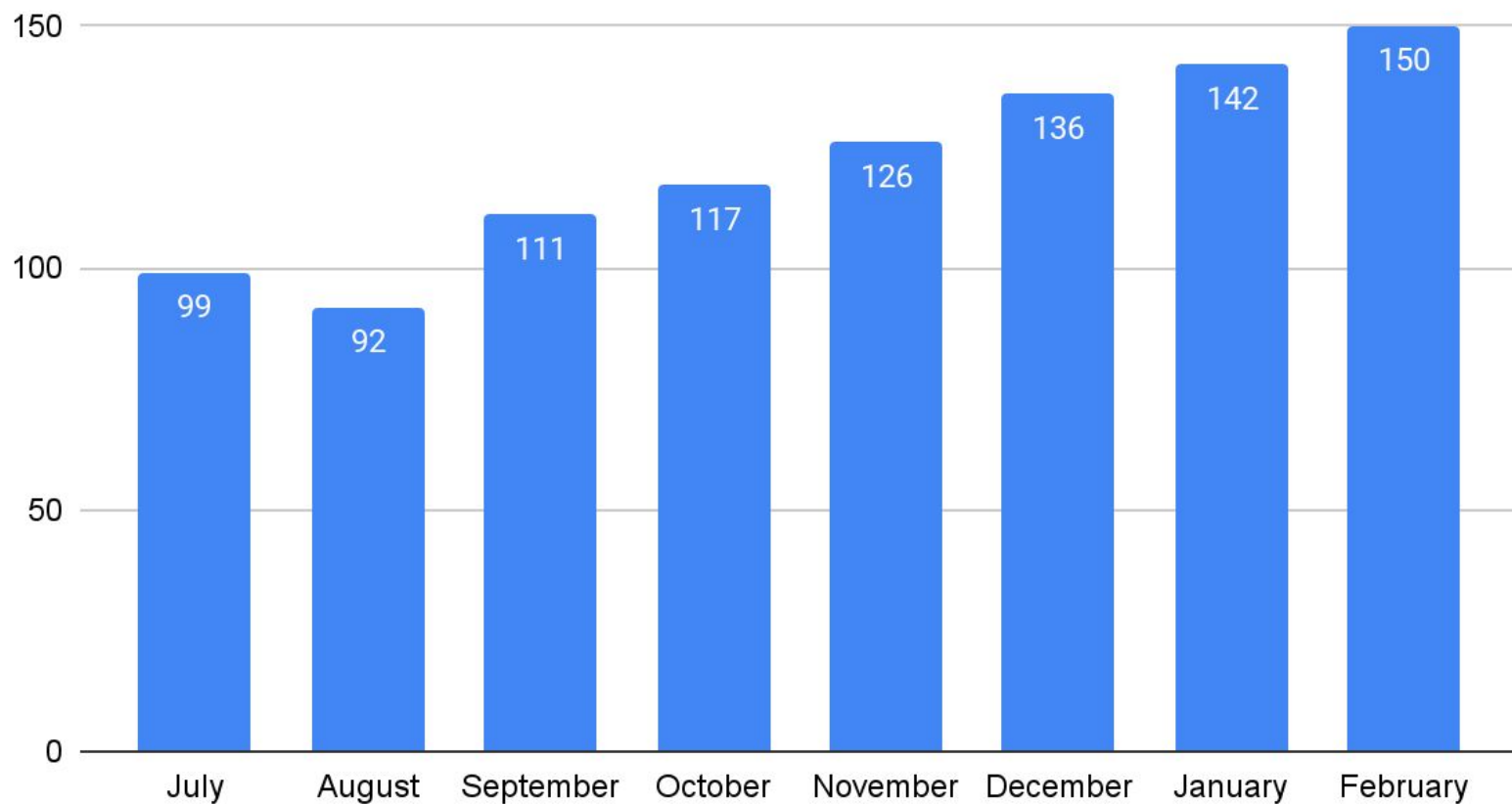
Check in Count FY23



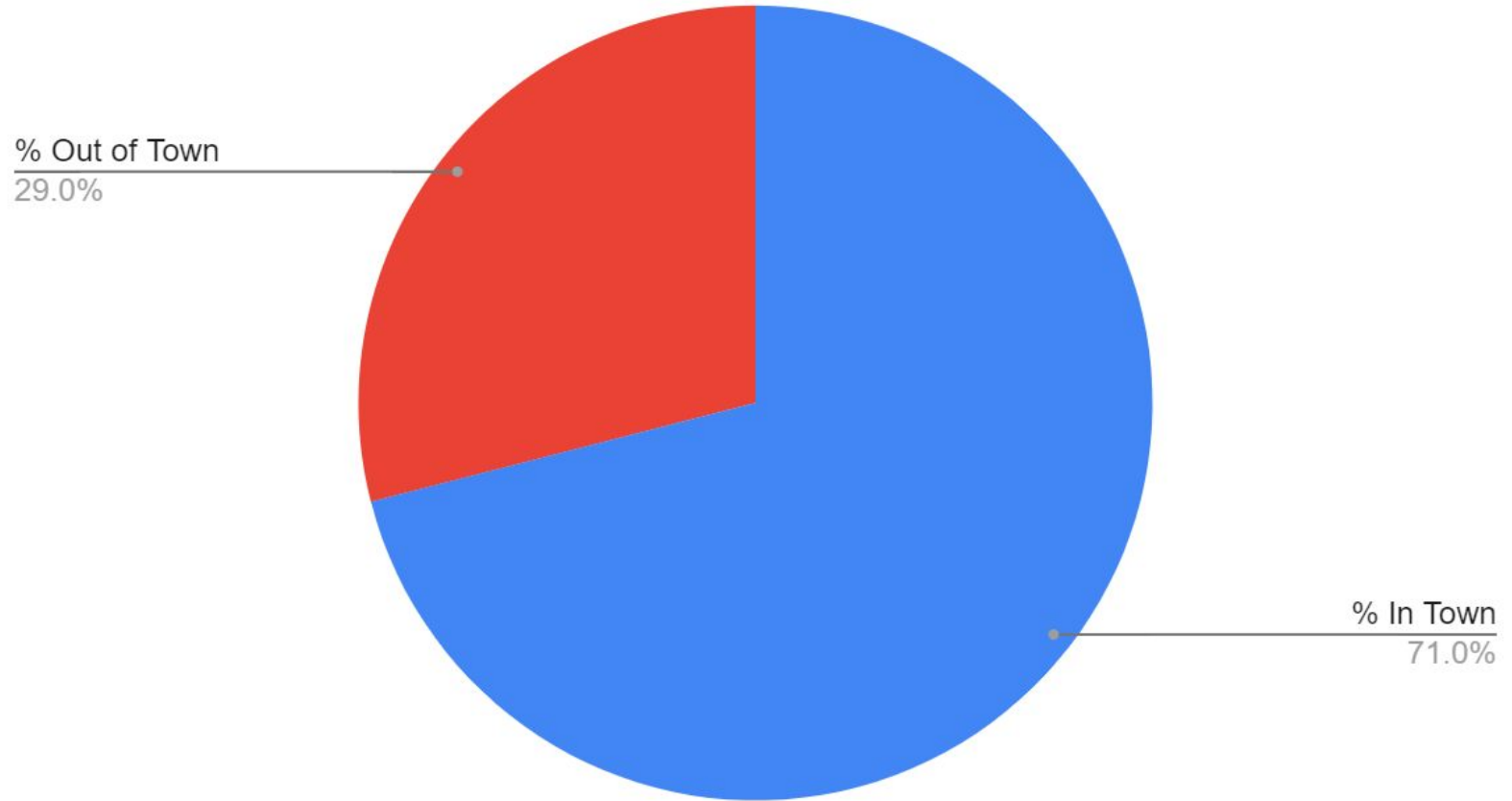
Check in by Age Group - February 2023



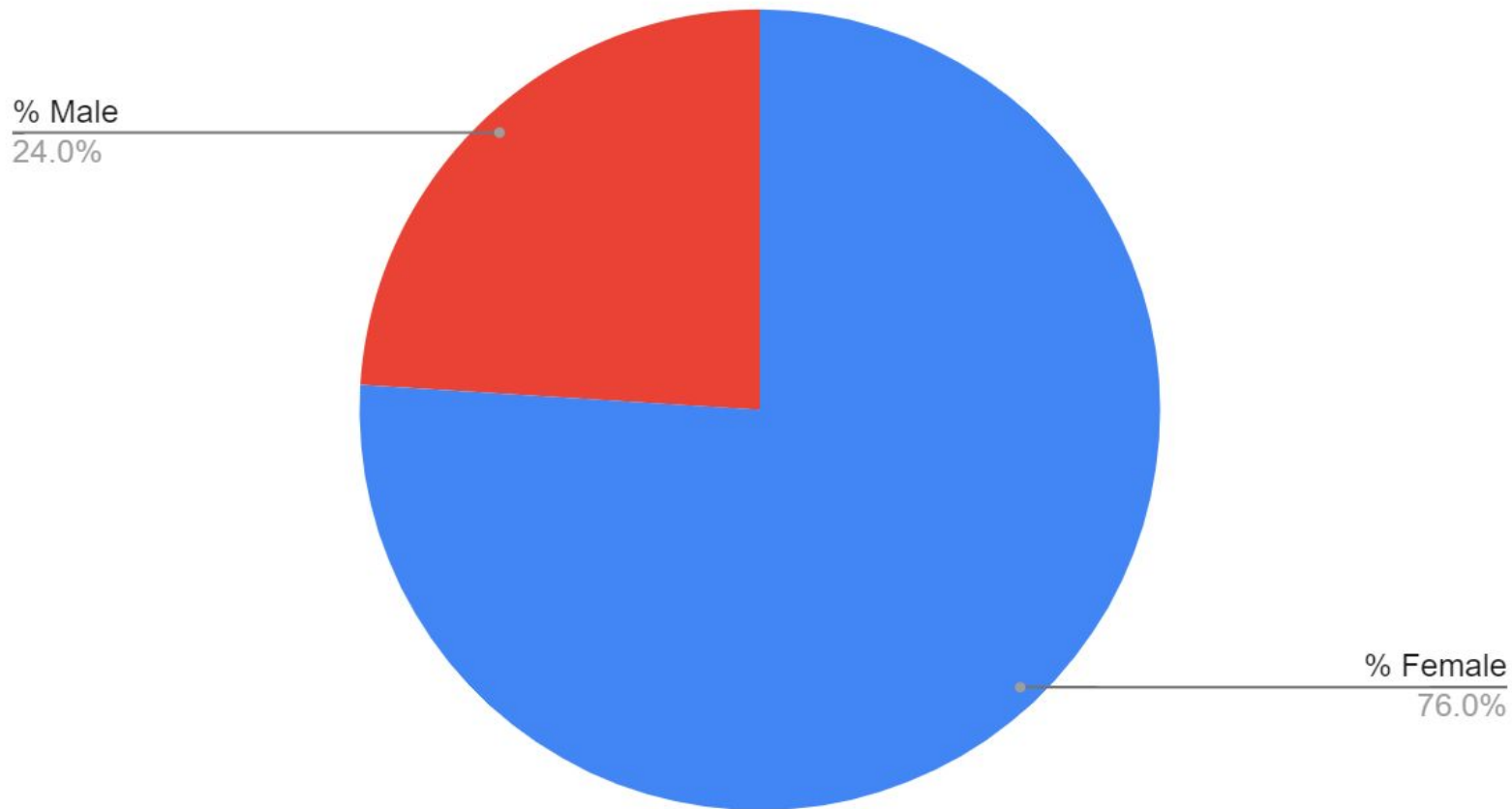
Average Daily Attendance FY23



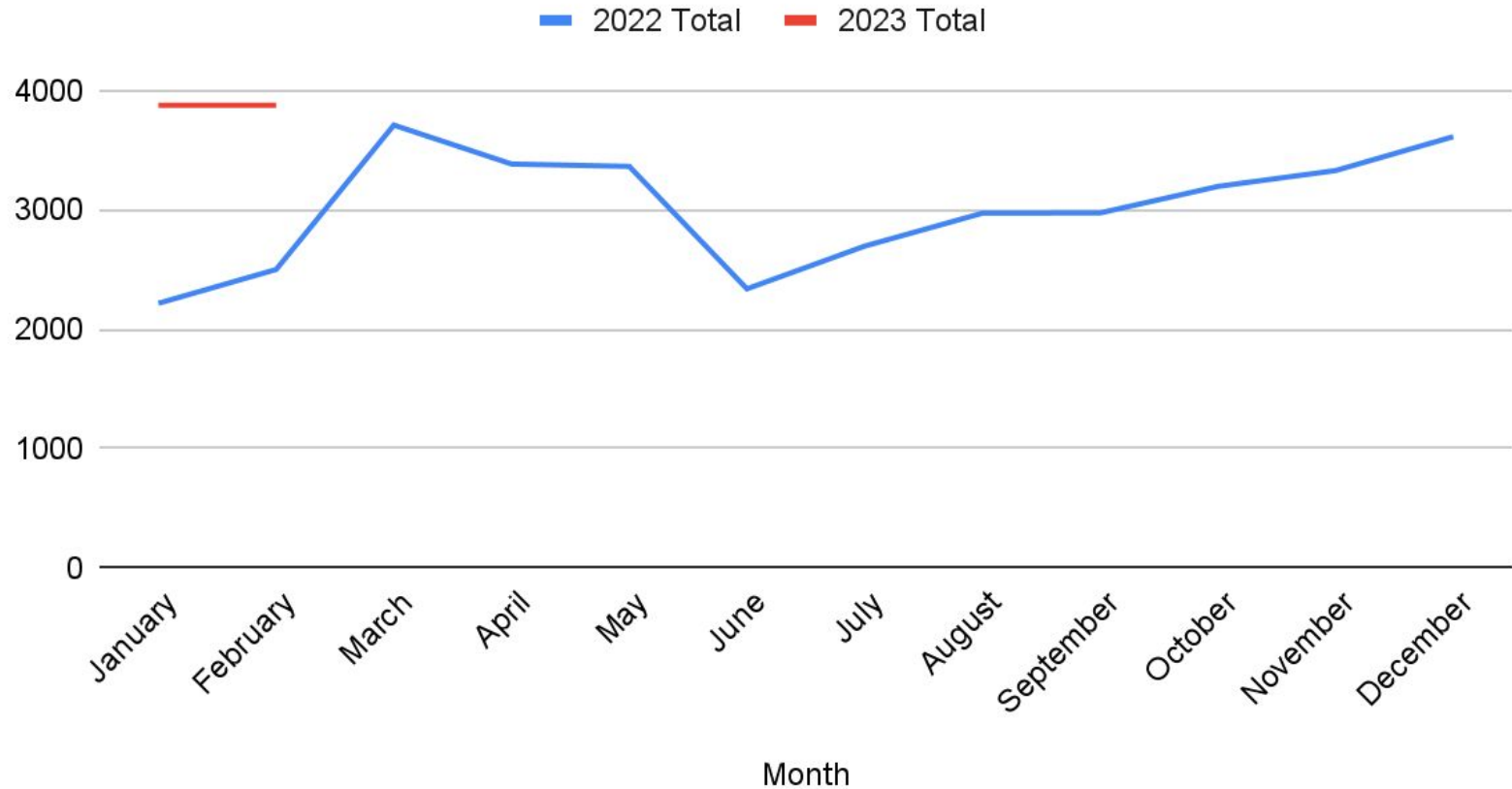
In Town and Out of Town Participation



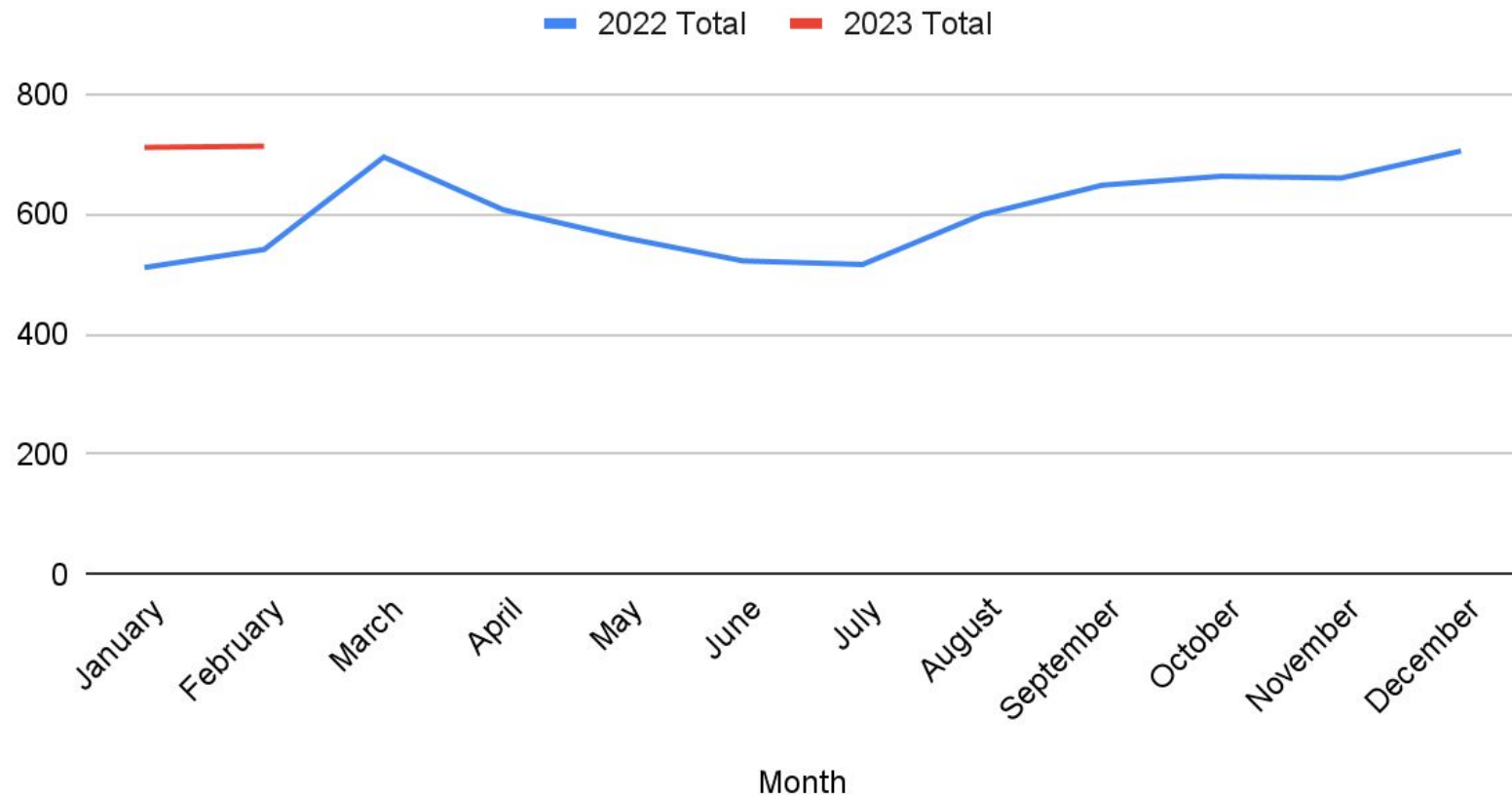
Female and Male Participation



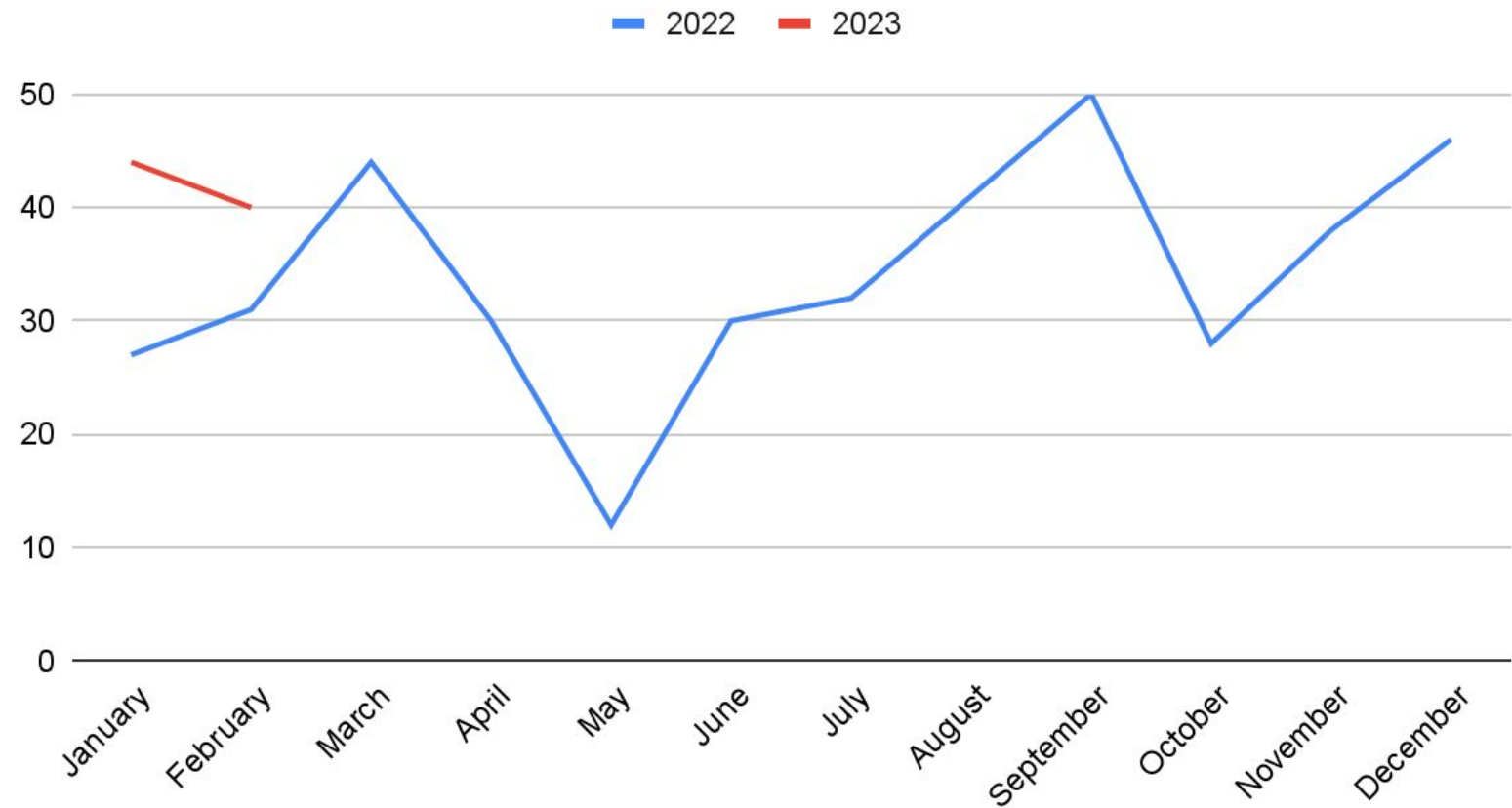
Year Over Year Total Served



Year Over Year Unique Served



Year Over Year New Members



Trending

July 2022 - February 2023

CATEGORY	DUPLICATED	UNIQUE
Fitness/Exercise	8264	420
Recreation	4970	451
Social Event	4435	686
Community Education	1739	437
HESSCO	618	113
Cultural Event	196	139

*increases across every category both in duplicated and unique except Recreation and Cultural Event

Center Update

- Walpole Day - Saturday, May 13th
 - Thank you to those who have signed up!
- Volunteer Luncheon planning underway for April 12th
- Parking Lot - Update
- Newsletter Redesign
- Newsletter Mailing List
 - Reduction in mailed newsletters from 2306 to 1944 through a review of returned letters from the Assessor meeting in Dec
 - Savings of \$112.33 in March for the April edition

Center Update

FEBRUARY

- Coffee and Conversations *average attendance was 37*
 - (Chocolate Tasting, Financial Scams by Dedham Savings Bank, Photo Tour of England, Social Security)
- BigY Lunch and Learn (57 participants)
- Introduction to Tai Chi (Full with waitlist!)
- Cupcake Decorating (Full with waitlist)

Upcoming

MAY AND BEYOND

- Coffee and Conversations - National Elder Care Month Luncheon and Presentation with Joanne DiPietro, Matt York returns for a History of Country Music, The History of the Baker Chocolate Company: A Sweet History, Blue Zones
- BreathWork with Hannah - New
- Summer Kick Off
- Nutritional Counseling - New
- Walpole Errands - New - 2 Fridays each month
- Mother's Day Tea
- Ice Cream Social to celebrate the new newsletter launch
- Willow Tree Winds performance
- Summer Schedule Returns in July - late Tuesdays and noon closures on Fridays

Finance Update

The COA was a chosen recipient of Rich McCarthy for the Friends of St. Patrick Annual Event and we were fortunate to receive a check for \$5,000.00 as a part of the event. These funds were provided to the Friends of Walpole Elders with check written to Town of Walpole Friends of Walpole Elders and deposited into the Town Friends of Walpole account for use. Thank you to Rich for thinking of our seniors and we are working already to finalize the plans for new member events.

Finance Update

Council on Aging Operating Budget

Total Budget
\$43,600.00
Expenses
\$22,626.58
Balance
\$20,973.42

Expenses



EXPENSES	TOTAL THIS MONTH	TOTAL THIS YEAR	APPROPRIATION	REMAINING	% REMAIN	% USED
Electricity	\$ 1,225.73	\$ 6,182.88	\$ 12,000.00	\$ 5,817.12	48.48	51.5
Water	\$ 856.58	\$ 1,626.84	\$ 4,000.00	\$ 3,686.64	92.17	7.8
Equipment and Repairs	\$ -	\$ 2,794.58	\$ 5,485.00	\$ 2,690.42	49.05	50.9
Training and Development	\$ 15.00	\$ 90.00	\$ 1,500.00	\$ 1,410.00	94.00	6.0
Postage and Courier	\$ 25.20	\$ 152.56	\$ 400.00	\$ 247.44	61.86	38.1
Printing and Copying	\$ -	\$ 96.25	\$ 1,118.00	\$ 1,021.75	91.39	8.6
Gas & Oil	\$ -	\$ 2,917.32	\$ 8,000.00	\$ 5,082.68	63.53	36.5
Office Supplies	\$ 237.94	\$ 4,268.59	\$ 7,000.00	\$ 2,731.41	39.02	61.0
Travel In State	\$ 19.91	\$ 296.54	\$ 500.00	\$ 203.46	40.69	59.3
Due and Memberships	\$ -	\$ 2,205.40	\$ 3,500.00	\$ 1,294.60	36.99	63.0
Meetings and Conferences	\$ -	\$ 570.00	\$ 500.00	\$ (70.00)	-14.00	114.0
Miscellaneous	\$ 8.70	\$ 162.54	\$ 750.00	\$ 587.46	78.33	21.7
Office Equipment	\$ 740.72	\$ 1,263.08	\$ 1,250.00	\$ (13.08)	-1.05	101.0
	\$ 3,129.78	\$ 22,626.58	\$43,600.00	\$ 26,588.20	60.98	39.0

*Updated to February 28, 2023

Finance Update

Council on Aging Operating Budget Formula Grant

Total ESTIMATED Budget
\$30,000.00
Expenses
\$8,524.07
Balance
\$21,475.93



EXPENSES	TOTAL THIS MONTH	TOTAL THIS YEAR
Supplies	\$ 324.00	\$ 971.76
Fitness Wellness	\$ 643.00	\$ 5,792.98
Repairs and Maintenance	\$ -	\$ -
Equipment/Furnishing	\$ -	\$ -
Facility Maintenance	\$ -	\$ -
Print Copy	\$ -	\$ -
Postage	\$ -	\$ -
Dues and Licenses	\$ 90.30	\$ 751.40
Newsletter Printing	\$ -	\$ 1,834.96
Conference Education	\$ -	\$ 190.00
Volunteer Recognition	\$ -	\$ -
Breakfast Program	\$ -	\$ -
TOTAL Utilized	\$ 1,057.30	\$ 8,524.07
Remaining		\$21,475.93
% Remaining		71.6
% Used		28.4

Formula Grant Information

Balance Forward from Previous FY	\$ 20,139.94
Total FG FUNDING FY22	\$ 59,520.00
FY23 FUNDING TO BE SET AT DONAHUE INSTITUTE ESTIMATES - 7116 seniors in Walpole	
Total Estimated FG Funding for FY23	\$ 85,392.00
Total Estimated Increase in FG Funding in FY23	\$ 25,872.00
Total Estimated FG Salary for FY23	\$ 45,000.00
Delta Estimate	\$ 40,392.00

UPDATED 10/21/2022 EOEa

Finance Update

GIFTS FEBRUARY 2023

GIFTS RECEIVED	
\$ 100.00	All Points Media Group 80 for Brady #8548
\$ 25.00	N and L Delaney in memory of Madeline Taylor #2670
\$ 45.00	M Lamperti #7065
\$ 250.00	A and B Lorusso in memory of Madeline Taylor #5836
\$ 50.00	C and D Feeley in memory of Ron Trenouth #5058
TOTAL \$ 470.00	

GIFT ACCOUNT INFORMATION	
\$ 17,384.08	PREVIOUS BALANCE
\$ 470.00	JANUARY GIFTS
\$ 747.01	GIFTS UTILIZED
\$ 17,107.07	GIFT BALANCE

GIFTS UTILIZED	
\$ -	Expenses Events
\$ 293.13	Other Expenses
\$ 453.88	Breakfast Café Expenses
TOTAL \$ 747.01	

EXPENSES EVENTS ITEMIZED	
\$ -	
TOTAL \$ -	

OTHER EXPENSES ITEMIZED	
\$ 293.13	Flowers C Snuffer from SB (request JC)
\$ 293.13	

BREAKFAST CAFÉ EXPENSES ITEMIZED	
\$ 214.85	Breakfast Difference November
\$ 109.62	WB Mason Spoons for Breakfast
\$ 33.76	Deb Reimbursement Café Menu Chalk Pens
\$ 95.65	Deb Reimbursement for Menu Items
TOTAL \$ 453.88	

Old Business

New Business

- Walpole Housing Authority Update
- Master Plan Update
- Friends of Walpole Elders
- Select Board Update
- Board Associate Candidates
- Topics and Speakers for Upcoming Meetings

Open Forum

NEXT MEETING

April 27th at 10:00AM